



Established
in 1892

ÓTAKI MAIL®

PO Box 109 Ótaki otakimail@xtra.co.nz www.otakimail.co.nz 06 364 5500 September 2019



A Fantastic Phantom in our Town



BY MARGARET ANDREWS

"Fantastic. Fantastic. Fantastic" were the remarks from the audience leaving the first shows of the musical *The Phantom of the Opera* at Ótaki's Civic Theatre. Staging *The Phantom of the Opera* is a huge ask for any company. But the Ótaki Players took on that challenge and won. Director Teresa Sullivan, directing her first show for The Players, drew her 30 plus cast into a well-oiled company. From the title role and the leads, to the entire ensemble and the ballet dancers, every performer was as important as each other. This proved to be a very talented cast.

Many of the cast come from beyond Kapiti and Levin, including Hannah Chisholm for whom the role of *Christine* has been a childhood dream come true. For Ben Wakefield this production's Phantom, is his first musical in almost 30 years. Dominic Van den Berg, in the role of Christine's love Raoul, says it's

the cap on his final year at Paraparaumu College. Among the cast were several well-known faces and for many, *The Phantom* was their first time on stage with Ótaki Players.

From the opening notes and the first view of the majestic set, complete with chandelier and the richness of the costumes, the audience was enthralled. The main staircase of the set could have graced any opera house around the world, with its 'marbled' structure and rich red carpet. It was the standout part of the seemingly simple set. For the first time in many years the 24-piece orchestra was seated in the orchestral pit, just below the stage, with conductor Colin Taylor.

Teresa and musical director Graham Orchard faced a huge task and have brought a memorable production to the Civic Theatre's stage.

A production which will be talked about and reminisced over for a long time by everyone, the cast, orchestra,

crew and the hundreds who come to see it.

With cast and orchestra from a wide area, tickets have been in huge demand. The two matinees sold out weeks before opening night and by the first weekend there were very few seats left for the remaining eight shows, an indication of the high reputation Ótaki Players has for its musical productions. They draw people from as far afield as Wellington to north of Ótaki to perform as well as the audiences they bring with them.

Well known for the high reputation of their musicals, Ótaki Players has topped the long list of musicals they have staged over the years, and *The Phantom* is heading for record ticket sales and numbers.

Photo credits: Annette Scullion



Kāpiti Island
Korora under the floor

p5



Kim Kobialko
Encaustic art

p8



Buddy Lammas
Local hero

p17

RiverStone
Café
Ótaki, NZ
STATE HIGHWAY 1, NEXT TO KATHMANDU

EXCLUSIVE OFFER:



Use your
Farmlands
card & receive
10% off your
purchase
7 days a week

The local café everyone's talking about!

Open 7 days 6.30am till late afternoon, including public holidays

• Fairtrade organic coffee • NO SURCHARGE • 06 364-6742 • riverstonecafe.co.nz



**NOTHING FOR BREAKFAST?
Don't panic ... RiverStone Café
IS OPEN from 6.30am every day**



RiverStone Café offers Gold Card holders
a 10% discount Monday to Friday.



Whiti te Ra
p28

independence

purpose **fun**

trusted **active**

community

variety **caring**

support **choice**

Enliven creates elder-centred communities where older people have companionship, choice and control, meaningful activity as well as quality care.

REEVEDON HOME AND VILLAGE

37 Salisbury Street, Levin

Offering retirement living, rest home care, respite, and a day programme.

LEVIN HOME FOR WAR VETERANS

Corner Prouse & Matai Streets, Levin

Offering rest home, hospital and dementia care, respite and health recovery.

Free phone 0508 ENLIVEN or visit www.enlivencentral.org.nz

Respite offers flexible solutions for families

Many family carers regard caring for an older loved one at home as a great privilege. There's no doubt however it can take its toll.

That's why Enliven is reminding Horowhenua families that Enliven offer short-term respite options and health recovery care at Levin Home for War Veterans and Reevedon Home in Levin, as well as its other homes in Taranaki, Whanganui, Manawatu, Wellington and Wairarapa.

Enliven business development manager, Suzanne Simpson, says for family carers, respite provides real peace of mind.

"Family carers can often feel quite alone, and guilty about asking for help. But it's important they have the opportunity to take a break, refresh and focus on their own wellbeing from time to time."

"Our respite options provide an opportunity for that to happen while their loved one is safe and well cared for."

She says the elders who come to respite



(Reevedon Home) or
06 368 7900
(Levin Home for War Veterans).

Respite service at Reevedon Home and Levin Home for War Veterans helps elders and carers thrive

Proper agreements vital in separation

BY FLEUR HOBSON

After you separate it can be very helpful to agree with your ex how your property will be divided. That can save both you and your ex a lot of time, money and anguish.

If you do make such an agreement, however, it is a mistake to think that all you then need to do is for you and your ex to sign the agreement you have made.

Such an agreement has no legal effect at all.

Many of our clients who have separated have drafted and signed their own agreements, thinking that was all they needed to do. They have discovered that's not the case when their ex has decided to bring a claim against them for some of the property they jointly owned before separating. Such property is known as "relationship property".

Relationship property can include the family home, even when one of the separated couple owned the home before the relationship began. Once a couple have been together for three years, the home that was owned by one of them becomes relationship property in most cases.

Relationship property can also include chattels – such items as vehicles, furniture and appliances. It can even include pets.

Financial assets, such as KiwiSaver or other superannuation, savings accounts, Bonus Bonds, a business, an investment property and so on can also be considered relationship property. Income usually is also.

Debts can also be part of the relationship property equation. These debts can be credit cards, personal loans, hire purchase agreements, and tax liabilities in some cases. It does not matter that the debt is in one person's name, it may still be relationship debt and therefore may need to be accounted for.

If you can agree on how the relationship property and debts will be divided that can be helpful.

It is vital that you then see a lawyer.

That is because lawyers must be involved to make valid your agreement on how the property is divided.

To ensure that your agreement can stand in Court, four conditions must be met. These four requirements are:

- the agreement must be in writing and signed by both the people who have separated;
- each person must get independent legal advice before signing the agreement;
- a lawyer must witness each signature; and
- the lawyer who witnesses a signature must certify

that they had explained to the person the effect and implications of the agreement before it was signed.

The reason the law is framed this way is to make sure people know what they are gaining or losing (or both) according to the agreement in front of them.

When people separate it is frequent that they will need to look at a series of issues as well as how their property is divided.

Such issues can include who occupies the family home after separation, do you need financial support after separating, do you need protection and do your children need protection. And that's just mentioning four issues that may arise.

In all of these cases you will need the help of a lawyer.

If you have separated, or you are considering leaving your partner and want good advice, we would be only too happy to help you.

Contact Fleur or Susie at Susie Mills Law 2019, 364 7190, 282 Mill Road – opposite Farmlands.

SUSIE MILLS LAW

SUSIE MILLS
LAWYER
new office
282 Mill Road
(opposite Farmlands)
06 364 7190

Otaki Mail is produced by Lloyd, Ann & Penny at 176 Waerenga Road. Printed by Beacon Print. Delivered to every house (urban and rural) at the end of every month. If your paper doesn't arrive, please tell us and we'll sort it. For news, please tell us on 06 364 5500 or by email at otakimail@xtra.co.nz

St John Ambulance is our Emergency Service

The recent story about the Memorandum of Understanding between Capital and Coast District Health Board and MidCentral Health was well received by Ōtaki residents. That MOU formally recognised that Ōtaki residents could choose to go either to Wellington or Palmerston North for elective services. It was not an agreement which catered for emergencies and so it did provoke the question, ‘well, will the ambulance take me to Wellington?’

A resounding ‘no’, is the short answer. Our ambulance service is for emergencies. It’s not a taxi service and the decision about where you’ll be taken in an emergency remains the same as it was before the MOU was signed. St John’s Ōtaki has a contract with MidCentral Health to provide the service. ‘That’s where you’ll be taken in an emergency,’ says Ann Chapman MidCentral Health board member. She adds, ‘That’s the short answer, but there are some specific clinical reasons when a patient may be taken to Wellington, and that’s not a choice for the patient or patient’s family. Patients are not going to be able to negotiate with the ambulance officer, or use the ambulance as a taxi service because it’s more convenient for family reasons to go south.’

There is only one ambulance so if it’s tied up travelling to Wellington when another emergency occurs then an ambulance has to come down from Levin, wasting precious time in an emergency. But the really great news about our services is that we now have fully funded double crews on duty 24 hours a day. This means you will be cared for by two qualified Ambulance Officers who are paid for their services. ‘That’s a good thing for both the patient and the ambulance officers,’ she says.



Most of the callouts to the ambulance from the 111 emergency phone calls are for medical emergencies such as heart attacks, strokes, abdominal pain or shortness of breath. Road traffic accidents make up only a small number of callouts, with house calls or transfers from the medical centre making up the remaining workload.

St John’s nationwide provides 90% of the emergency and non-emergency ambulance coverage and provides intensive training and educational opportunities for all its officers. Officers now are required to have the appropriate educational qualifications for their level of service.

Contracts with the Ministry of Health, ACC and District Health Boards fund just 72% of the direct operating costs of the St John ambulance service. The rest is made up of donations or subscriptions to the ‘Ambulance Subscription Scheme’. If you join up to

that your emergency trips to hospital will be free. Unlike the Wellington Free Ambulance Service, our service is not supported by rates.

Fun fact; Did you know that the St John’s Ambulance Service is the only international service now, which retains historic links to the Crusaders. Originally called The Order of Knights of the Hospital of Saint John of Jerusalem, commonly known as the Knights Hospitaller and the Order of Saint John, it was a medieval early modern Catholic military order. In 1834 the warlike beginnings of the crusaders were abandoned and the order reverted to its original work of welfare and hospital activities which once again became its main concern. The care of the wounded and dying which prompted the order during the crusades, intensified during WWI and WWII. St John’s is today the oldest surviving order of chivalry.

Editorial

Rights and Responsibilities

It's that time again when we the residents of Ōtaki have an opportunity to elect who should be in charge of the public purse for the next three years. Many people are turned off by local government but it's our money they're spending and we have the right and privilege to elect our council and elect them with care.

In Ōtaki we have three people who want to be our sole councillor on the KCDC council, 13 who want to represent our district and six who want to be on the Ōtaki Community Board.

In looking at the list, it might seem a hard call. There are newcomers, filled with the zeal of doing something good, giving back to the community and the never-ending mantra of ‘keeping rates down’. They won’t and they can’t, so that promise should be ignored for a start.

Then there are the sitting councillors who want to return, who will campaign on their record. They are much easier to assess as we’ve had them around for three years already. Tried and trusted? Maybe, maybe not. It’s a balancing act to judge their competence against the biographies of the newcomers.

Then we have some re-treads. Former councillors, retired or not re-elected, getting on in years who now want another go at managing our district. What more have they got to offer, or has something happened recently which has got them in a snitch?

And then there are the candidates who put their hands up time and time again only to be rebuffed every time.

It is a privilege to vote and we should exercise our duty to ensure our councils, both KCDC and Greater Wellington, are representative of our community.

The ideal council in our view is one which mixed ages, gender, skills and experience with the energy of the novice. These days in New Zealand, there is no place anymore, for a roomful of old white men, which for a century or more has been the makeup of local and central governments.

First and foremost make sure you choose wisely. Choose carefully. Choose people with energy. Choose people who care about our people, our towns, and our environment.

Disclaimer: Penny Gaylor, co-owner of the Ōtaki Mail, had no input into this editorial.

Thumbs up



- Alma Wallace for Silver at the National Wood Chopping Champs
- Candidates putting themselves forward
- Friendly and kind hearted neighbours who helped clean up a mess
- Vote local. Get an Ōtaki voice around the table

Thumbs down



- The KCDC budget for 2019/20 for the purchase of new books cut from \$402k to \$211k
- Muddy gardens
- Kids smoking
- Inconsiderate neighbours causing property damage, pruning trees without permission

ŌTAKI MAIL MADNESS

“This is an emergency, we’re off to Palmerston North!”





BY VIVIENNE BAILEY

Te Horo Spring Market

Te Horo Country Market reopens on the first day of spring, Sunday, 1 September at Te Horo Hall, from 10.00 am to 12.30 pm. Back after their winter break, the market features all your favourites plus some newbies to browse.

**Paddy's Mart at Te Horo School**

With the onset of spring comes the iconic, fundraising Paddy's Mart at Te Horo School, Saturday 7 September, gates opening 11.00 am. There'll be raffles, pony rides, bouncy castles, archery, crafts and bric a brac, cakes and sweets, plants, face painting and music, a rock painting stall, the popular mystery bottle, a crockery smash (sounds interesting), and a 'Kiwiiana' cake competition. Best of all, there's the cow pat bingo, where visitors can win five hundred dollars if their cow chooses their grid (from 625 grids) for the valuable cow pat.

A showcase of Te Horo gardens

Thirteen of Te Horo's fabulous rural gardens will be on display during the Te Horo Garden Tour, back after a three year

break, on Saturday, 16 November and Sunday, 17 November. A gigantic fundraiser for the earthquake strengthening of the community's historic hall, the garden tour features old favourites as well as new gardens to visit. There'll also be a selection of plant and garden-related stalls, and a café at the Te Horo hall (and you'll be able to bring your own picnic). Check out and 'Like' their Facebook page: Te Horo Country Garden 2019 (each week one of the participating gardens will be displayed). Tickets are \$20 (available from local nurseries and garden centres, details to follow, and on the day at Te Horo Hall). Garden-lovers who purchase one of the first 200 tickets will be in the draw for a great prize..

Drinks and Nibbles

It's rain, rain, and more rain but you'll find a warm, spring welcome at Te Horo Hall. Join others at the monthly BYO Friday 6 September, 5.30 pm. All welcome, bring a plate of nibbles to share and something to drink.



Too many people are losing their lives on our roads. The Police Commissioner and Executive have set a road safety target of a 5 percent reduction in road deaths each and every year, based off 2017 when there were 378 deaths on our roads.

This will mean 19 fewer lives lost every year. Most serious crashes are preventable because they are caused by behaviour which can be changed. We have a strong evidence base which tells us the four main behaviours that contribute to death and injury on our roads are people not wearing seatbelts; driving

Re-elect Penny Gaylor

Greater Wellington Regional Council



AUTHORISED BY PENNY GAYLOR, 219 MILL RD, OTAKI

Progress this term

- Secured GWRC funding for the Capital Connection replacement.
- Improved relationship with KCDC.
- Climate change focus.
- GWRC's leadership across regional economic development initiatives.

Committed to

- Delivering on our climate emergency action plan.
- Expanding public transport and links to Wellington to support economic development.
- Addressing water quality in our Kāpiti Coast water catchment.

I look forward to serving you again – Penny

Get in touch

027 664 8869

penny.gaylor@hotmail.com

impaired by drugs, alcohol or fatigue; driving distracted; and driving too fast for the conditions. This is where our focus on driver and rider behaviour will remain. Ōtaki Police continue to be well supported by Highway Patrol and the Impairment Prevention Team who have a high visibility presence in our area. It has been a busy period for Ōtaki Police who have executed a number of search warrants and filed serious charges against members of our community. Significant violence towards women and children has prompted swift responses and intensive ongoing investigations resulting in a number of men being remand in custody, allowing victims some respite and time to make long term changes in conjunction with our partner agencies. Intimate

partner violence and child abuse and neglect have far reaching effects on social, educational and financial health and wellbeing.

NZ and International research produces horrific evidence of the increased likelihood of being incarcerated (84% of inmates have been abused as a child), suicide (youth are 3 times more likely to attempt suicide) and substance abuse (twice as likely) as a result of this exposure. Our community must decide if misplaced family loyalty and the 'unwritten code' of not talking to police is an acceptable excuse to do nothing and continue to put our women and children at risk.

cheers, Sergeant Phil Grimstone, Officer in Charge – Ōtaki Police 06 364-7953

Appraisal and Evaluation

This is 'Appraisal' time of year, when those making plans for a move or investment over spring or summer, need a sound \$ evaluation as a starting point for their plans.

At First National, we thrive on the opportunity to review our recent sales, look at current properties available, and cast our minds forward to assess trends, always looking at prices achieved in Waikanae as our barometer going forward. It also is a time for customers to use our

experience in recommending what presentation work will add extra value, what is essential, and what is a lower priority, but nice if gotten to!

Derek Kelly and Sarah Lange are undoubtedly the two best performing 'recruits' into Real Estate in the last 4 years, I am delighted to have them on our team. Unleash the First National team to ensure your success in the market this year!

A COMPELLING PROPERTY 14 Kingi Te Ahoaho Place, Ōtaki



Your end of cul-de-sac position brings all day sun to this 160m² brand new home! Lounge, family/dining area, patio, lawns & garden area all with great sun. The kitchen has so many extra features, the technology nook is inspired, while all bedrooms are spacious with good wardrobes, light and position. Brilliantly located, handy to Main highway area, Haruatai Park & schools. Quiet, handy & completed, ready to move into. Fencing will be completed shortly and grass seed will be sown. Asking offers around \$675,000. Inspection times: Sunday, 25 August 12 - 12:30



Grant Robertson
021 660 113
grant@fnotaki.co.nz

**238 Main Highway
Otaki
06 364 8350**

GBR Realty Ltd licensed REAA 2008

Otaki First National is the real estate specialist for Otaki, Te Horo, Manakau and surrounds.
Lifestyle or Residential, whether you are buying, selling or renting, you will always be treated as our top priority.




Derek Kelly
021 0832 6460
derek@fnotaki.co.nz

Kapiti Island news

BY DANIELLE BARRETT

The blustery gales of the last week heralded the arrival of Spring on the island and this week we are delighted to announce the arrival of a new kororā (little blue penguin) chick.

Kāpiti Island is home to a huge array of native birds that are thriving in their predator-free sanctuary. One of the cutest would have to be the kororā. According to the Department of Conservation (DOC) the kororā are classified as At Risk - Declining. These little guys are the smallest of the world's penguins with the adult kororā weighing in at around 1 kilogram and growing to roughly 25 centimetres tall.

Kororā are thought to have been quite populous around the mainland Kāpiti coastlines. However as with many of our native manu, rats, cats, ferrets, stoats & dogs have drastically impacted the mainland populations. Fortunately the only dog that the kororā on the island are likely to encounter is Rua the penguin-sniffing dog (pictured) - a DOC approved pup with special permission to visit the island. Rua & handler Jo Sim are supporting Massey University Professor John Cockrem in his work to establish new populations of kororā that breed in nest boxes to enable further research about foraging locations, breeding success and survival rates at kororā colonies around the New Zealand coastline. This is of particular interest, as in mātauranga Māori the success of kororā populations indicates the health of the coastal environment.

A cheeky pair of kororā recently made headlines around the world after they repeatedly tried to set up camp in a popular Wellington sushi shop.



They were successfully rehomed by a team from DOC & Wellington Zoo into a nesting box. The approach to supporting nesting kororā on the island is a little more accommodating than in the capital city. Professor Cockrem has placed a number of nesting boxes around the coastline & is continuing to monitor these. There is also a well-used nesting spot under the doormat at the Lodge which has had regular residents since the deck was first built in the mid-90s. They do not make for the best neighbours as they are surprisingly noisy, and can be a little on the smelly side. They on the other hand seem totally unphased by the day to day comings and goings of the visitors at the lodge. The kororā generally venture out and about at night and their central location has led to many sightings of two small figures waddling quickly across the grass towards the sea.

The on-island team at Kapiti Island Nature Tours will continue to keep an eye out for the kororā while out Kiwi spotting in the coming months. Spring is an exciting time on the island!



Above: Kororā under the doormat



Above left: Rua the penguin-sniffing dog, Jo Sim and prof John Cockrem about to embark on their kororā hunt



Guru



**Empowering
our
Communities**

Otaki is a distinct community

To empower Otaki I will support:

Significantly increasing council funding of the Otaki Community Board and other three boards.

Explore bulk funding and the potential use of a Participatory Budgeting system. This is where board members could opt to collaborate with the community on what projects or activities should be funded. Boards, with community support, can also request council to use targeted community-specific rates for projects with proven significant community support.

Decentralised council.

Working with senior council managers to explore areas where those decisions affecting local communities can be better made at the local level without undermining council efficiency.

Boards having an increasing role in community safety.

Become a partner of the local police. Encourage the establishment of Neighbourhood Support Groups and ensure every street within their Ward is linked to a NSG. Ensure these NSG are also part of Council's Civil Defence preparedness. Local police and local community patrols to present regular reports to the respective boards on the state of community safety. Each board will be armed with the cutting edge analysis of their communities using the Index of Multiple Deprivation. Using this multiple data source boards will have a detailed knowledge of their neighbourhoods.

www.ourkapiti.nz

More say in supporting local economy.

Our local businesses are a key part of our communities and the community boards need to have an active role in supporting and promoting them. Weekend markets especially need board support to develop and promote them. Kapiti's environment and open spaces are our No1 economic asset. Community boards need a stronger role in this including supporting restoration groups.

Local Government New Zealand has endorsed this:



Local Government New Zealand has launched its nationwide campaign "Riding the localism wave: Putting communities in charge". I ask the people to ride the Kapiti wave of this campaign.

"Greater localism posed a challenge for local government as well, as it required councils to also devolve decision making to communities.... It's time to let go and give power back to communities... decision making can be handed back to communities in phased and gradual ways... matched by improved capacity and capability."

LGNZ President Dave Cull

**Guru
A local for Mayor**

Authorised by K Gurunathan, 94 Waerenga rd, Otaki.

Taking Otaki's pulse

Live well, get well, stay well



By Ann Chapman

Cancer Society Horowhenua



Levin, Foxton and Ōtaki Diary September 2019

Monday 2	Foxton Support Group (St Johns Hall, Avenue Road)	11.30am
Thursday 5	Massage: (post treatment)– ph 06 3688624 for apt. Winchester House.	9.30am to 2.30pm
Wednesday 11	Ōtaki Support Group. Gertrude Atmore Supper Rooms.	2.30pm
Thursday 12	Pure Breast Care. Ph 0800 259 061 for appt. Winchester House.	9am to 2pm
Wednesday 18	Rimu Group – Men's Support. Winchester House.	3pm
Thursday 19	Lymphoedema Support. Winchester House.	5pm
Monday 23	Natural Wear. Ph 0800 622 397 for appt. Winchester House.	
Tuesday 24	Coffee Club. Women's Support. Winchester House.	10am
Wednesday 25	Pure Breast Care. Ph 0800 259 061 for appt. Winchester House.	9am to 2pm

For further information on any of the above please contact:

Jennie Wylie, Support Coordinator, Horowhenua Services

112 Winchester Street, Levin 5510

Ph 06 367 8065, Fax 06 367 8057, Mob 027 542 0066

email jennie.wylie@cancercd.org.nz

Meningococcal Disease - take action

There have been three confirmed cases of meningococcal disease in the MidCentral region during July/August. This is a serious disease and you shouldn't wait. If your child shows any of the symptom listed below get help immediately.

Meningococcal disease is a serious bacterial disease which can affect anyone but it is more common in children under the age of five, teenagers and young adults. It can look like influenza in its early stages, but it can very quickly get much worse. The illness may develop slowly over 1-2 days or quickly over a period of a few hours so it is important to not wait and seek immediate medical help in the early stages of symptoms – ring a doctor - or ring Healthline 0800 611 116 straightaway at any time of the day, even if you have already been seen by a doctor.

Don't be put off. Insist on immediate action and get help.

The symptoms to look for are slightly different if you are a child or adult.

If your child has any of these symptoms ring your doctor.

Your child or baby may have a fever, a high-

pitched cry or be unsettled. They may refuse food and drinks or vomit. They could be sleepier than usual, be floppy and be harder to wake. They could also have a stiff neck and dislike bright lights and finally they may have a rash or spots which look like small bruises and don't fade when pressed.

Adults may have all the symptoms above but also become confused, delirious or unconscious. Additionally, they may have joint pain and aching muscles.

MENINGITIS SYMPTOMS



@ dreamstime.com

Hay fever – The Curse of Spring

Do your Eyes Itch? Are you Sneezing? Are you 'house ready' to cope? Have those pesky pine trees started to release their pollen to our detriment.

Hay fever is the common name to describe allergic rhinitis and involves a recurrent runny, stuffy, itchy nose, and frequent sneezing. It can also affect your eyes, sinuses, throat and ears.

Like any other allergy, allergic rhinitis is an inappropriate immune system response to an allergen – most commonly house dust mite, pet, pollen and mould. The allergen comes into contact with the sensitive, moist lining in your nose and sinuses and sets off the allergic response.

Hay fever is often considered a nuisance rather than a major disease and most people will self-treat. However, recent studies have revealed that hay fever has a huge impact on quality of life.

Symptoms of allergic rhinitis can be any combination of itching in the back of the throat, eyes or nose, sneezing, runny eyes or nose, and blocked nose. Your chemist can help find products to alleviate these symptoms and make spring more bearable.

If you experience hay fever symptoms, like a runny nose, itchy or watery eyes or sneezing, it's important to keep your home healthy by cutting down on allergens. Pollen season typically strikes during spring and summer. Pollen count is higher on warm dry days. There's not much you can do to stop the pollen flying around in our equinoval winds, but you can ready your house for the hay fever season.

Follow these tips so that your family can breathe easier this allergy season:

Wash sheets, pillowcases, soft toys in the bedroom weekly in water hotter than 55°C.

Cover mattresses, quilts and pillows with dust mite-resistant encasings.

Open curtains and air bedding in the sunshine and give them a regular clean.

Consider venetian blinds or flat blinds, which are easier to clean than heavy curtains.

Use a damp or electrostatic cloth to dust hard surfaces (including floors).

Ask someone else to do the vacuuming, as this increases allergen in the air for up to 20 minutes. Also consider using a vacuum cleaner with an asthma and allergy sensitive HEPA filter. Keep rooms dry and well ventilated.

Sophie Dunn
Functional Nutritionist

Tel: 021 365 211

sophie@nourishandnurture.co.nz

www.nourishandnurture.co.nz

see story p7

Old School Beauty & Electrolysis

At The Old School House
174 Waerenga Road
tel 06 364 7075

- Facials
- Microdermabrasion
- Eyebrow shape & tint
- Eyelash tints
- Manicures
- Pedicures
- Makeup
- Electrolysis
- Waxing
- Red vein removal
- Skintag removal
- Ear piercing
- Bleaching

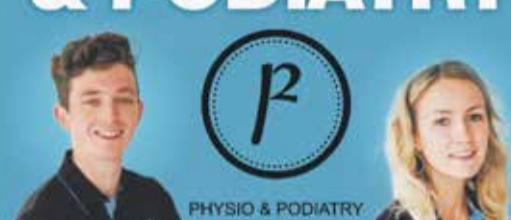
'Make Time for You'

GIFT VOUCHERS AVAILABLE

debs@oldschoolbeauty.co.nz

www.oldschoolbeauty.co.nz

P2 PHYSIO & PODIATRY



Ash Crawford

(BHSc Physiotherapy)

Delta Hurley

(BHSc Podiatry)

- ANY joint/muscle pain
- Osteoarthritis
- Dry needling
- Manual therapy
- Massage
- Sports injuries

- General Foot Care
- Biomechanics
- Orthotics
- Foot mobilisation therapy
- Prolotherapy
- Fungal nail
- Ingrown toe-nails

For friendly, efficient and top quality service come over and let P2 Get you back on your feet!

Contact: 022 470 9180 • 271 Rangiuru Road, Otaki

Parking available on the road

Lucy Feltham
Physiotherapist

- peripheral joint pain
- spinal pain
- muscle strains
- sports injuries
- tendon injuries- advanced tendon rehab
- osteoarthritis
- manual therapy-mobilisation peripheral and spinal joints
- massage
- exercise prescription- exercise prescription course
- hand therapy
- post op rehabilitation
- chest physiotherapy
- attends annual sports medicine conference
- 28 years experience , all ages

16 Dunstan Street Ōtaki

Ph/ fax 06 364 7027

no ACC surcharge

self-referral or GP-referral

Hours 9am -6pm Monday -Friday

Sophie Aims to Nourish and Nurture

Sophie Dunn believes there is another way to a feeling of well-being. You can do things differently and what's happening to you now doesn't have to remain your way of life. She can assist your chronic problems without taking the place of doctors. Hers is a supplementary service.

'It's about what you can add rather than what you can take away,' she says. 'This is not about dieting.'

Three years ago she changed her lifestyle and left law. She returned to her home town, and her family roots. Her parents are Jacqui and David Pritchard. Now she has set up her company 'Nourish and Nurture' situated in Gorge Road. She says that she is passionate about helping people get control of their health by making real sustainable changes.

She was practising property law for ten years, as a working mum with two children. After the birth of her second child she suffered, as many women do, from postnatal depression. She was handed antidepressants and sent on her way, however she kept researching and discovered that postpartum thyroiditis was the cause of her depression and using natural solutions got through the period without needing thyroid medication and able to continue to breast feed her baby. She then went on to have a third baby with no postpartum health issues. This was a big win for her so she enrolled in a course run by the Nutritional Therapy Association and is now a qualified Natural Therapy Practitioner. They are internationally recognised as natural therapists.

Sophie describes herself as a functional nutritionist. 'What does that mean?' I asked. 'It is going back to the why, finding the root cause that is stopping well-being. I am also passionate about gut healing and love working with anyone with digestive issues - there is so much we can do to help you.'

Although she will work with all ages she

says she loves working with women, from pre-pregnancy right through to after the birth. 'Helping mum bounce back to feeling their best.'

'I would love to work with children as well,' she says, 'their health is so important and what better gift can we give them to provide them with good habits to last a lifetime.'

Her clinic is open three days a week to fit in with her children, and is at Gorge Road Ōtaki.

What is Nutritional Therapy?

Nutritional Therapy is based on a nutrient dense whole food approach to your diet, there is no one size fits all, everything I do is tailored to you personally. I collate information from a bio-individualised health questionnaire, an initial interview and a food and mood journal. From there I can make recommendations and start making some amazing changes to your health.

The next step is to complete a functional assessment on you – this is a hands-on assessment where I palpate certain points on your body and can work out exactly what your priorities are. From there we test supplements on your body and establish what you need for you – rather than just chucking supplements at you that 'might' work. It is a mind blowing experience!



Vote 1 Shelly Warwick

Otaki Ward - KCDC MidCentral DHB



Authorised by Shelly Warwick 177 Waitohu Valley Road Ōtaki

get more

experience working for you

One of the advantages of listing your property for sale with Professionals is the huge amount of experience our team brings to the party.

In total our 34 agents share a combined 320 years of real estate sales experience, having between them sold over 5000 properties.

While full service agencies may charge a little more than fixed-fee solo agents, our experience means there's a very real chance you'll end up getting more in your pocket.

Getting you more. That's our job.



SHARON BANNERMAN-COOPER

027 211 8688 | sharon@dwre.co.nz

Supporting our Salespeople to deliver exceptional service and results in Otaki.

Giving you more agents



ROSS VESSEY

021 213 3050 | ross@dwre.co.nz

Bringing back his unique and proven Real Estate marketing to Otaki.

Giving you more buyers



JENNY ROGERS

021 244 9796 | jennyr@dwre.co.nz

A wealth of sales & property Management skills.

Giving you more experience

JOSEPHINE CASE
06 364 7720 | otaki@dwre.co.nz

Providing superior support to our Sales Team.

Giving you more service

If you would like to get more call free on 0508 getmore 0508 438 667

 **Professionals**
doublewinkel real estate ltd MREINZ
licensed agent

Kim Kobialko: beeswax, vintage magic and photography

BY VIVIENNE BAILEY

Te Horo's mixed media artist, Kim Kobialko creates organic, original artwork. Her pieces have a dreamy, vintage quality, and are sympathetically wrapped with a fresh, contemporary feel. However, Kim's first love was photography. She spent twenty years as a professional photographer, ten of those travelling the world and photographing unique places (and also running art auctions by the sea, where she developed her love for fine art).

Her passion for photography combines perfectly with her encaustic artwork, also known as hot wax painting. This is an ancient technique, dating back to Egypt 100-300 AD, a technique famously used in the Fayum mummy portraits.

Kim chooses beeswax, "I love its dimensional quality and luminous colour," and heats it with tree resin (a natural, chemical-free process), followed by the addition of coloured pastel pigments (usually soft shades of blue, green and grey).

"My studio can get pretty hot at times. And working with heat guns and molten wax needs a steady hand."

The finished product (liquid paste) is applied to Kim's various surfaces such as prepared wood, canvas or the myriad of vintage treasures Kim has sourced locally from op-shops and second hand dealers on the Kapiti Coast, finds which she loves to recycle.

"Vintage shopping is a favourite pastime of mine. I get inspired by old prints, ornate, gilded frames, headboards, wooden platters and trays," says Kim. "A suitcase may become a table, and a table may become a canvas. It's like breathing new life and creativity into an old object. Before I even begin painting, my artwork has a history and presence you don't get from a store-bought canvas."

Kim has the perfect environment to inspire her creativity, surrounded by trees and birds (tui were in full cry the day I visited), and often uses these images as the art base, layering them into the wax and fusing, "I love imagery that is simple and timeless."

New projects include acquiring a swarm of bees to move into their new home beside the studio (meaning Kim can use her own beeswax in her artwork), and the preparation of several works for three art shows: Art Expo Nelson in early September, and The Other Art Fair Sydney, a prestigious event, and one of Australia's leading art fairs. Kim was selected to exhibit, one of 129 independent emerging artists, by a committee of art world experts. Kim is also one of the exhibiting artists in the 2019 Kapiti Arts Trail on November 2/3 and November 9/10.

Studio Reset is at 239 Hautere Cross Road, Te Horo and contact details are: 0211793201 studioreset239@gmail.com Facebook: studioreset239, Website: studioreset.artmoi.me, Instagram: studioreset239. Open by appointment.



Kim hard at work preparing for the Kapiti Arts Trail



**Monday – Friday
9am – 2pm
or by appointment**

**(06) 364 6123
0800 367 467
www.inprogroupp.co.nz**

INPRO GROUP

— INSURANCE AND MORTGAGE PROFESSIONALS —

153 Main Highway, Otaki Opposite New World Supermarket



- First home buyer mortgages
- Debt Consolidation
- Mortgage refinancing
- Investment Property lending
- All Insurance covers
- Local knowledge/local people
- Honest & Friendly
- Free Services



St John
Here for Life

It is time for a clear out? Why not help St John!

St John Otaki Opportunity Shop is always looking for quality second hand goods including:

- > Clothing
- > Bric a brac
- > Furniture items
- > Household goods

Please contact us as below to arrange pick-up of your goods, and help support St John!

Phone: 06 364 5981

Email: otaki-opshop@stjohn.org.nz

Donated goods can be dropped off to Shop 2/3 No. 4 Arthur Street – head toward the railway station and we are on the right. Plenty of free parking.



One of the greatest gifts you can give is your time.

St John Health Shuttle Volunteers make a difference to the community by providing transport to health-related appointments.

The Health Shuttle is a free community service, there's no charge for shuttle transport, however a donation is appreciated to cover costs.

Our Otaki based service is seeking volunteers for both driving and non-driving roles. All volunteers are provided with full training and support to help them do the best job possible.

For more information, call 0800 ST JOHN (0800 785 646) or apply online now at stjohn.org.nz/volunteer and enter job code 39979 in the search field.

Getting connected with Ōtaki Timebank

BELINDA MCLEAN

The Ōtaki Timebank is reinvigorated after a good turnout at its recent AGM and increased trading through a new way of operating.

Unable to afford the rising cost of access to a US-based, administrative website, the Timebank has created a closed group on Facebook—resulting in an immediate and unexpected increase in trading.

"This was a real surprise," said acting chairperson Yvonne de Mille. "Of 190 on our total mailing list, 40 have so far joined the closed Facebook group. Some members have objected to the idea of using Facebook but the committee has come up with a way for people to join and yet remain incognito. Joining up and trading on the old Community Weaver website was cumbersome compared to Facebook and it looks like people have quickly latched on to that."

A couple of years back the Timebank lost its funding for a paid co-ordinator. Recent applications for funding have so far been unsuccessful so it has been relying on a few dedicated committee members to keep it running.

"It's been difficult to get any activities or events off the ground" said de Mille.

"Nevertheless, Timebank members have continued to support our values of caring, connectedness and community through their wide-ranging work. You will find them in roles from civil defence, school breakfasts, community gardens to removing wasp nests, seed-swapping and baby-sitting. We have an enormous bank of skills and hope to draw on them more in the coming year."

A well-attended AGM and some new committee members have heartened de Mille and the other Timebank stalwarts. With the growing threats of climate change, including economic and social disruption and severe weather events, community building and reciprocal helping seem more important than ever and the group remains committed to building a stronger Timebank.

"We are guided by the example of the Lyttelton Timebank, which with its wide networks and quick access played a big part in holding the community together after the Christchurch earthquakes," said de Mille. "The Ōtaki Timebank is an important resource and could play an equally pivotal role if adversity strikes."

Timebanking is an international movement, where members offer their skills through an online platform and "bank" the hours worked, enabling them then to "pay" for others' people's skills and time for work they need done. Everyone's hour has equal value, no matter what the task or profession. Schools, preschools and other community organisations can also join and participate in time-swapping or rewarding volunteers with hours.

"To join, go to your Facebook page and enter Ōtaki Timebank Closed Group," said de Mille. "Or ring me for more information or if you are not a Facebook member and would like to join Timebank—we have a system in place for that." Phone Yvonne de Mille, 027 442 3106.

Bee Keeping Through the Seasons - Working through the winter

BY PENNY KERR-HISLOP

Even though the bees are best left to their own devices during the cold, wet winter months, apart from the three weekly syrup top up, there still seems to be a never ending heap of work for this beekeeper family to get through before the season starts next week and the first queen bees get grafted.

It would be so lovely to kick back and attack that pile of worthwhile novels on the bedside table, bake a cake or two to fill the tins, knit a few warm jumpers or beanies for the grandkids, spend time at the International Film Festival, write to Radio New Zealand with complaints about this or that, scoot down to The Bus Stop Café every time it is open, walk the dogs, take wintery bike rides, ski a few slopes, preserve something that's in season and so on but the harsh reality is that we have a bee yard to move. Trailer load after trailer load of hive boxes, hive lids,

hive mats, hive bases loaded up onto the trailer and then unloaded at the other end. Propolis mats by the thousand, palettes by the hundred. Then there's the forklift, the syrup mixer, a palette or two of sugar, honey and wax. And mustn't forget the grafting shed and insemination laboratory portacom shed expertly loaded onto a Hiab truck by a really skilled Darryl Morgan who negotiated his huge truck through a narrow driveway, never went off piste nor broke a single branch of the driveway trees. No mean feat.

There are still tip runs to be done, a garage sale to be had and a visit to the last remaining scrap merchant in Levin who no longer has any competition.

I know of two other commercial bee keepers who are moving or who have moved this winter and are probably feeling more tired at the beginning of the new season than usual. It's a hard physical slog being a beekeeper but

unbelievably joyous at the same time. There is dignity in being mostly impoverished but living a life of rightful work.



Insemination laboratory expertly loaded onto a Hiab truck by a really skilled Darryl Morgan

District-wide candidates

Angela Buswell



It's been a privilege to serve Kapiti since 2016. I've worked hard in Council and alongside passionate community groups to enhance the Kapiti that we love. If re-elected, I will front foot issues facing our community; displaying leadership, compassion and focus, while advocating at a regional and national level. I will work to deliver better infrastructure for families, help our own centres thrive, and look after our unique natural environment.

Mike Cardiff



A Kapiti Coast resident and ratepayer since 1975. A third term Councillor, serving one term as Deputy Mayor, currently Chair of Council's Audit and Risk Committee and an experienced RMA Commissioner. I remain committed to engaging good science on the issues of Climate Change and Waste Minimisation. I will continue to listen, support democratic process challenge unreasonable decisions, and am committed to reducing expenditure, with a focus on debt repayment.

Murray Forsdyke



I recently left a management role at Vodafone in enterprise and Government sectors. I have a small automotive business and I also provide consultancy services and leadership coaching. I have a Bachelor's Degree in Applied Management. My family lives on ten acres in Reikorangi. We have been Kapiti residents since 1990. I have a passion for nature, and classic automotive engineering and I am a musician in two local bands.

Janet Holborow



Twelve years as an elected member including six years as Ward Councillor for Paekakariki -Rauhī including three as Deputy Mayor has given the opportunity to understand the needs of our community. We end this term in a stronger financial position, ready to meet the challenges ahead. Our recent commitment to becoming Carbon Neutral by 2025 and the work we've commenced looking into our local housing needs are solid steps.

Marcia Johnson



My passions are education and quality assurance. After 30 years in Kapiti Coast, in senior management and governance, I am prepared to contribute to Council with practical skills in evidence-based decision making. My expertise will translate into improved services, transparent rates decisions, community activities for wellbeing and quality of life enhancement, and focused effort on economic development opportunities for Kapiti.

Rob McCann



As the Labour Party Candidate I have been a business owner with a career in communications and events and have worked with the International Film Festival and major sporting codes.

Our council has a huge role to play in ensuring we all have a decent quality of life, good facilities, reliable infrastructure and a vibrant community. Let's keep our rates in check and give Ōtaki another voice around the table.

Tim Parry



The growth of Kapiti and environmental issues require careful management, however developing and growing the Kapiti economy need not be at the total expense of the ratepayer. I strongly support lower rate increases. I bring commercial experience and a consultative style and will challenge unsustainable commercial ideas. I will as much as possible ask for open accountability with fewer 'closed to public' meetings. Consultation and community involvement is my preferred style.

Chris Turver



Chris has extensive ties with Ōtaki over 20 years including farming in Te Horo, Ōtaki RSA, Rotary, Friends of Ōtaki River, and Te Horo Rural Fire Force. Coupled with his experience as Kapiti's regional councillor and CCDHB member he fought hard to get improved road and rail connections to Kapiti, achieved an improved bus service for Ōtaki. That same experience, energy and commitment would be used to support Ōtaki's elected representatives in seeking extension of rail to Ōtaki.

Nigel Wilson



I was proud to represent Kapiti as your Greater Wellington regional councillor for nine years and I would bring that knowledge and experience to serve our local council.

Kapiti has challenges - Debt is high and confidence is low. This can be sorted with intelligent leadership and sound, prudent policies.

I bring an honest, hardworking commonsense approach. Council must work as a team to achieve well-defined community oriented goals.

Asher Wilson-Goldman



In my day job, I help communities partner with central and local government to strengthen themselves and create a brighter future. As your Districtwide Councillor, I will put my energy into doing the same for all our communities on the Kāpiti Coast.

We need commuter rail to Ōtaki; rubbish collection bought back in-house; safe walking and cycling access; and more good jobs throughout Kāpiti.

MidCentral DHB

Shelly Warwick



I'm a Registered Nurse with 17 years Nursing experience in both the Public and Private Hospitals in NZ and Overseas. I have worked in many areas, Medical, Surgical, Infants, Geriatrics, Oncology, General Paediatrics and A&E. I'm a mother of 4, member of the Ōtaki Community Board, Ōtaki College BOT, and have been very involved in my community on many levels. Great health outcomes for my community are important to me. The underlying issue that effects Wellbeing outcomes in Ōtaki, is Local Accessibility. Good communication, funding for health service co-ordination and local services would be a great start.

Ōtaki Community Board candidates

Cam Butler



I live, work and play in the Ōtaki area and my bond to the area grows constantly as it's a wonderful place to live.

Coming from 25 years of committee work, including community and a national organisation's, if elected I'm looking forward to using my skills to help bring Ōtaki through what is going to be 3 years of change.

Stephen Carkeek



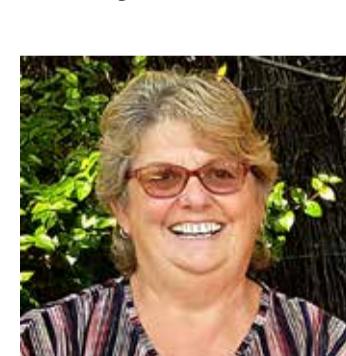
Our Community Board should reflect our community and its diversity. There are new faces on the street (and even whole new streets). What I want to see is that all the people who live here feel valued and part of the community – and that their voices are heard. My priorities: Be approachable, Be respectful. Use common sense. Have an open mind. Listen to what people are saying.

Christine Papps



Chris Papps has been a member of the Ōtaki Community Board for the last six years and Chair for the past three. Ōtaki has been her home for the past 25. Chris and the Board are working on a variety of projects aimed at developing the resilience of Ōtaki as the expressway and other developments open opportunities for the district. She is focused on the future for Ōtaki.

Marilyn Stevens



Currently Deputy Chair, Community Board, Chair of Tuesday Community Network, health advocacy/advisory committees in Ōtaki, working for more patient choice, affordable & accessible healthcare. I co-ordinate the lobby group working to review the flawed Business Case for the Peka Peka interchange & Mentor the junior Rotary Interact Club at Ōtaki College encouraging social conscience in our youth.

NB: Board Candidates Lennox and Warwick are also standing for Ōtaki ward see P11

How to vote

FRANK NEILL

The time has almost arrived when residents have the opportunity to participate in how our regions are governed through voting in the local body elections.

This year's elections are being conducted by postal vote using the single transferable voting (STV) system.

Voting papers will be posted to everyone registered on the electoral roll by August 16. The voting papers will be delivered between September 20 and 25.

An information booklet will come with the voting papers, with a profile statement for each candidate who is standing for election.

When you are voting in an STV election, instead of placing a tick beside the candidate you wish to vote for, you rank the candidates in the order you prefer. You put a "1" beside the candidate you like best, a "2" beside your second choice, a "3" beside your third choice and so on.

You can put a number beside as many or as few candidates as you like, although you must have at least a "1" to register a vote.

By ranking candidates in your preferred order, you are not just saying who your top candidate is, but also which others you prefer and in which order.

So, for example, if your first choice doesn't have enough support to be elected, you still are having a say in the election through the other choices you may make.

After completing your voting paper, you can seal it in the postage paid envelope supplied with your voting papers and either post it or deliver it to the electoral officer.

If you post it, it is important that it is done in time to reach the electoral officer before the close of voting. Voting closes at noon on October 12.

Candidates

Adrian Gregory



I have an extensive background of working with DHB's in New Zealand and the UK. For two years now I've been immersed in District-wide initiatives to improve our community's health services. As Chair of Otaki's Health & Wellbeing Advisory Group I was involved in drafting the new MOU between the DHB's and the accompanying leaflet. I want to ensure everyone in our diverse community has equity of access to health services when they need it and where they need it – close to home, in the community. It will take time but this is and will remain the driving force for me and for our community.

Gwynne Compton *



I'm standing for Mayor to bring fresh leadership, smart thinking, and a community-led approach to Kāpiti so we're in the best position possible to meet the challenges and realise the opportunities heading our way in the coming years. We can't stop people wanting to move here, but we can make smart decisions about how we handle growth to make it work for us. The government must help fund the infrastructure and services we need, and I'll draw on my extensive experience working with decision makers to be a relentless advocate for Kāpiti to make sure the government steps up.

Waiopahu ward Levin

Democracy is alive and well in the Horowhenua where 36 candidates are contesting 10 seats on the district council. The 11th seat will be taken by the mayor who will be one of three candidates: the incumbent, Michael Feyen, PaperPlus retailer Bernie Wanden or sitting councillor Victoria Kaye-Simmons.

The 19 candidates for the Levin ward comprise exactly half the total standing for the whole council and are nearly double the number nominated in that ward in 2016.

A similar upsurge in interest is evident in the Waiopahu ward, the southern-most of Horowhenua's four wards, where six candidates have been nominated, two more than last time. They are the two sitting councillors, Wayne Bishop and Christine Mitchell, and Viv Bold, Richard Cornell, Chris Hartnell and Judy Webby.

Penny Gaylor



I'm the Kapiti Coast Councillor on GWRC and live in Otaki. I've worked to expand Otaki's public transport links across the district and to save the Capital Connection service to Wellington. This term GWRC sharpened the focus on climate change - recently declaring a Climate Emergency. As promised, I've improved relationships between GWRC and KCDC in the interests of better outcomes for our community. With 12 years local government experience (6

Mayoral candidates

Jackie Elliott *



Kia Ora - My family and I love the Kapiti Coast and call Otaki home. I am a Districtwide Councillor and am looking forward to representing you as Mayor of Kapiti. I had a blessed childhood in Kapiti and wish the same for all children growing up here, that they are able to feel safe, be well fed, well housed and grow to their full potential, council decisions should enable this with every opportunity. I bring common sense and experience to the KCDC table. Vote Elliott 1 for Mayor. Bringing wellbeing for he tangata, he whenua, te wai.

K Gurunathan



A resident of Kapiti Coast for 24 years, Claire and I have loved living in Otaki for four years now. Born in Malaysia I studied at Victoria University securing an MA in Political Science. Returned to Malaysia with Kiwi wife Claire working as a journalist for 12 years.

Back to NZ in 1995, worked for Kapiti Observer and Kapiti News 16 years. Councillor for two terms.

Elected mayor 2016. Am a Justice of the Peace and an RMA Hearing Commissioner.

Martin Halliday



Thirty years' experience in building, managing and owning businesses in the hospitality industry, advocate in Kapiti over the last three years for several community causes which has given me an insight into how our Council interacts with its Community.

We need change. Climate Change, Sustainability & Housing – are issues to be addressed

Coastal and Marine Activity, Maori Culture and our diverse creatives – are opportunities to be explored.

I feel privileged to be a part of the Kapiti Community, raising my family and being in business here. I want to give back. Your needs will be my focus.

Ōtaki Ward candidates

James Cootes



I believe the best election campaign is three years hard work and it's been my privilege serving Otaki and Te Horo as Ward Councillor. I've worked strategically and collaboratively to get things done. Securing the \$16 million shared pathway being a major achievement. Otaki faces many challenges and opportunities with unprecedented change. Housing, transport, health and affordability are all issues. I'll focus on working hard for the town I love.

Andrew Lennox *



Like you, I trust that I can elect a representative, to do what is best for me.

I now have the opportunity to be another part of that process, and give back to this town that has been my home, for the last 14 years.

We all care about our community, but many of us no longer have time in our busy lives, to keep up with the many changes.

Let me serve you and our neighbours, respecting our shared history, for a safe and sustainable community of the future.

Shelly Warwick *



Otaki born, and a Registered Nurse, I returned to Otaki with my partner to raise our 4 children.

Currently on the Otaki Community board, KCDC's Operations and Finance committee, Cycleway, Walkway and Bridleway committee and Road safety Committee. A BOT member at Otaki College, and Chair of the Kapiti Equestrian Advocacy group.

I'm totally focused on creating better outcomes for our community and advocating in the best interests of Otaki ward.

Greater Wellington Regional Council candidates

Neil Mackay



years as KCDC's Ōtaki councillor) and now a trustee at Ōtaki College, I understand Ōtaki and Te Horo issues and have demonstrated strong advocacy for this community.

Q1: Last week I voted with all my GWRC councillors to declare a Climate Emergency. We also committed to becoming a carbon neutral organisation by 2030, and agreed on a 10 point plan outlining the action GWRC will take to reach our target. Let's lead by example.

Q2: An ardent Capital Connection supporter, I'm thrilled that in my first term GWRC made financial commitment in our Long Term Plan to invest in new trains to replace the train. We've prepared a compelling Business Case asking Government to invest in new trains that expand the services for Ōtaki residents.

Director of advanced solutions water quality monitoring business. New Technologies: Director of waste-to-value-stream business. Kapiti Aquatic Centre: Trust Chair; Successful partnership with KCDC.

Q1: Scientific evidence about climate change is unquestionable. It will dramatically affect our economy, environment and our way of life. Doing nothing is not an option. The environmental impact of local and regional activities must be a key consideration as we transition to a low emission and climate resilient NZ

Q2: I will advocate strongly for rail electrification between Otaki and Waikanae. Work with key Otaki community stakeholders to focus on economic growth, jobs and other positive development outcomes. Actively participate in the development of a transition pathway and coordinated community response to climate change.

Politicians answers to our questions.

We asked each candidate to answer two questions

Q1- What are your views on Climate Change?

Compton: Climate change is New Zealand's top environmental issue, and it'll soon to be the leading economic and social issue too. Kapiti is particularly vulnerable to climate change, and if we expect the rest of New Zealand to help us, we need to lead by example on reducing our carbon footprint.

Halliday: My views are simple, it will impact on us all in our life times. This poses big questions that need big answers. We need a community/council working group set up to address this. We also need to take individual responsibility for our own earth footprint re emissions, waste and energy.

Gurunathan: I moved the motion for council to declare a climate change emergency and supported the decision for council to become carbon neutral by 2025. With a total of 1800 coastal properties in danger of erosion and 6,000 from flooding we need start on a community-led strategy.

Elliott: Yes I believe in climate change. In Kapiti, it means forming partnerships to co-fund and carry out the seafloor research necessary to form a response that is affordable and will protect public and private coastal and inland assets. Te Rau o te rangi channel needs to be treated as one water from Porirua to Taranaki. G.W.R.C. is in this korero, Horizons Regional Council needs to be too and I have lobbied for this for 5 years.

Warwick: We need to heed of the warnings from science and ensure that Climate / Environmental impacts are part of every discussion. To be successful, we use the expertise of scientists and those around us who are knowledgeable and passionate, such as Energise Otaki and Low Carbon Kapiti to make good policy.

Lennox: Our climate is changing and as we grapple to fully understand those challenges, we must seek sound advice, so that we can prepare and plan for a sustainable future.

Many solutions may cost nothing and must be encouraged, for others we deserve to know what will it cost, and what will it get us?

Cootes: Whether you believe in climate change or not, council can make changes to the way we function that better protects our future. Replacing council vehicles with electric vehicles, investing more in solar and planting more trees are some examples to a more sustainable future. Smart solutions, often lead to savings.

Stevens: Climate change is a very real thing and is terrifying. I applaud & support the work that Energise Otaki & Otaki College are doing to reduce the footprint of our town, hopefully other towns will follow suit. We should all reduce, re-use & recycle, I try to lead by example.

Papps: As a community we can make a difference and as families and individuals we must encourage and make what changes we can. But, when the world's leaders continue to fail to grasp the climate change nettle, we must hope our efforts are not too little too late.

Carkeek: I don't pretend to be an expert – but definitely take a better safe than sorry approach. There's no harm in encouraging less waste, making our spaces greener, our transport systems more efficient and investigating renewable energy technology.

Turver: Climate change planning must be accelerated to not only get the homework done on options for Kapiti but to provide relevant information as soon as possible to those likely to be affected.

We need an effective public consultation and communications programme so that ratepayers have the information against which to make considered decisions.

Butler: Climate change is going to affect Otaki over the coming decades with weather pattern and sea level changes providing challenges to our beautiful way of life here. The community board needs to be active with the community and council to ensure Otaki is looked after.

Buswell: We need to reduce our environmental footprint and plan for the future. Kapiti needs to reduce waste, look after our waterways and protect our marine reserve. The new Resilience Fund will help address issues arising from major weather events, and I will continue to focus on these issues.

Cardiff: I acknowledge that Climate change is a serious challenge for New Zealand as well as a global issue. Our region has an extremely vulnerable coastline, prior to making any decisions at a local level, we need to be informed with exacting science which in my view requires to be driven by central government.

Forsdyke: A devoted conservationist and lover of the outdoors, I believe that humankind will adapt to the earths change cycles. Pushing panic buttons with extreme expenditure onto ratepayers with no confirmed benefit or ability to measure success in our life time is nonsense. Fix what we can with what we have.

Holborow: Climate Change is the single greatest challenge we face. A recent Local Government study found that at risk infrastructure runs into billions of dollars. We have an obligation to do our part as a council and have committed to this through our goal to be carbon neutral by 2025.

McCann: Climate Change is real and it's happening now. It requires a co-ordinated response from the local council, regional council and government. Too many of our communities will be affected by the sea level rising or increased flooding. The time to plan for those changes is now.

Parry: Climate change has been creeping up on humans for decades. Global adjustment of rising emissions is really in the hands of all nation's central governments however at an individual level we can find ways to contribute. One example of many, is to ensure that the cars we drive are serviced regularly.

Wilson: It requires policies from local, regional and central government. Local Councils cannot afford to shoulder the burden on their own. We will need to work cooperatively with other agencies. Many of our communities are either coastal or close to rivers and therefore flood-prone and subject to sea level rise.

Wilson-Goldman: As a coastal community, we will feel the impact of climate change more than most. Our council has set a goal of carbon neutrality by 2025, now we need a workable plan to get there. We must work alongside other councils to push Central Government to fund mitigation and adaptation.

Q2 - If elected, what will you do for Ōtaki in the next 3 years?

Compton: I'll fight to get the government to fast track the electrification of the rail network to Ōtaki to enable the frequent commuter rail that's needed now, not in 20 or 30 years. I'll also back local businesses to create more jobs with higher wages through an economic development fund.

Halliday: Otaki is a great place, we had a beach house here when I was a kid, I have many awesome memories. Otaki is doing things, It has a hard working councillor, community groups achieving and a rich Maori culture, I will support and help grow these proactive groups.

Gurunathan: Empowering the Community Board. Promote community safety. We need to manage sustainable growth, balancing new growth with the protection of our valuable horticultural soils. An urgent focus on social housing. Ensure the early delivery of electric/diesel trains linking Otaki to Levin and Paraparumu.

Elliott: As a family we just love being outdoors in Otaki's Mountains to the sea outdoor playground. I love promoting the Otaki lifestyle through the Levin Waiopahu Tramping Club and by hosting visitors here at our place. I also recognise Otaki as the Gateway to Kapiti and n support the new residential, businesses and retail developments underway. I will concentrate on every council decision enhancing wellbeing for Otaki residents, I believe this is an approach that has been missing. Council should be 'enablers' .

Warwick: I will be a strong and loyal voice for Otaki I will build positive relationships with KCDC, GWRC and Health boards, relationships that will see us all working together to get the most benefit for the Otaki ward.

I will advocate for Otaki, its special community and our unique needs.

Lennox: A responsibility to ensure that future generations will benefit from the decisions that we make on their behalf, in this next chapter of Otaki's unique story.

Cootes: I'll be a relentless advocate for Otaki and Te Horo, ensuring we get our fair share. Maximising opportunities like the Provincial Growth Fund, Kiwibuild and Te Ara Mahi so the burden doesn't continue to fall on ratepayers. Asking the hard questions, ensuring Council delivers better value for money for you.

Stevens: I will continue the work I have started with Healthcare and advocating for our older people, the Peka Peka Interchange Business Case & Interact, but also I want to be here as the conduit between our ratepayers & the KCDC. I am here to listen to your concerns.

Papps: If elected I'll continue doing everything I can to ensure Otaki and its people gain the maximum benefit from the expressway developments and the opportunities they provide. I'll keep on advocating for improved public transport and encouraging Council to focus on our economic and social needs.

Carkeek: I don't have any set agenda or vested interests. My concern is for representing my community well – taking a grassroots up rather than top-down approach. That said, I would personally welcome more youth-focussed initiatives, creative housing and employment solutions, better transport options and greater investment in our natural environment.

Turver: With the completion of the Waikanae-Otaki Expressway, Otaki's population will grow and passenger rail extension to Otaki is critical.

Rail extension to Waikanae in 2011 was on the policy basis that any motorway extension should be matched by passenger rail extension to limit increased road commuter congestion to Wellington so let's work on that.

Butler: I am very keen to continue the great work the board has been doing to help Otaki deal with the changes that the expressway will give us.

Projects such as the Energize Otaki solar farm are brilliant and I want to move similar projects forward.

Buswell: Otaki is positioned for growth. I will work with the business community to enhance SH1, make the most of opportunities offered by industrial space available for business creation, and elevate Otaki's identity to make the most of our natural assets – the Dirt farm, river to sea tracks and the Tararuas.

Cardiff: I am aware that current health providers are not adequately servicing the transport needs for those requiring health care. Over the next 3 years, I will advocate to improve transport needs and continue supporting the funding of current and new festivals which promote Otaki.

Forsdyke: I am not personally offering on any ward specific promises. As a district wide Councillor I am there to make informed decisions on whatever I am being asked to support in any district based on full and proven information and affordability for the ratepayers from both sides of the discussion.

Holborow: Otaki has incredible opportunities and serious challenges. Rising house prices are pushing residents northwards, and Council needs to continue and intensify its work to address housing challenges. We need to nurture the unique, significant cultural value of Otaki and do all we can to retain the township's vibrancy post expressway.

McCann: Otaki is an important part of the Kāpiti Coast and I will support the Ōtaki ward councillor and attend the Ōtaki Community Board Meetings. We must advocate for a better rail service, increased investment and ensure the Expressway brings people to the region, not past the township.

Parry: Who in Otaki can say that for the last 6 years their income has risen year on year by more than 5%? Few indeed, yet each year rates keep rising by more than 5%. I strongly support lower rate increases and suggest this can only be of benefit to Otaki residents.

Wilson: Be an advocate for Otaki, as I have been in the past. I will attend all Community Board meetings and work with the Otaki ward councillor. A priority will be getting rail to Otaki; Employment growth; and supporting Otaki businesses who have done it tough over the last few years.

Wilson-Goldman: I'll push regional and central government to fund electrification of rail to Ōtaki; make sure housing affordability is at the top of developers agendas as new houses are built; and listen to and work with the community for the entire term, not just a few months before the next election.

Twenty years of toil brings new life to the dunes

BELINDA MCLEAN

Climb a dune towards the far north of Ōtaki Beach and look inland. You'll see a landscape of rolling dunes, swathed in native rushes and carexes, coprosma, flax, toetoe and the occasional cabbage tree. Seaward, the dunes are covered with trailing, silvery spinifex and a few patches of golden pingao.

If you time travelled back to the same spot 20 years ago you'd get a different view. By the sea, the dunes are thinly vegetated, eroded and regularly breached by high tides. Inland are large flat areas of sand scoured by the sea and surrounded by sand-hills with dense thickets of lupin and marram, ice-plant, blackberry and boxthorn and a profusion of plants like gazania and agapanthus, sourced from people's garden rubbish.

There are no restrictions on vehicles and bikies and others love to do wheelies on the flat area, known locally as "The Sahara Desert" and bump their way over the dunes, destroying any plants and wildlife in their way. Nearby the Waitohu Stream makes its way to the sea and has the distinction of being one of the most polluted streams in the Wellington area.

If you arrived on a Monday morning, you'd find a small group of locals working near the stream, determined to change all that. This was the embryo of the Waitohu Stream and Dune Care Group, now an incorporated society, beginning a long journey where many other players get involved in the transformation of the area from a wildlife wasteland to a thriving habitat for native plants, birds, fish and insects.

European colonization brought destruction to dune systems all around Aotearoa. The Kāpiti Coast was grazed and used as a transport route for stock movement for much of the past 150 years and the native sand-binding grasses all

but disappeared. Marram grass was planted instead, but the resulting steep dunes are prone to blow out so that the beach continues to erode under the action of sea and wind.

"Sand dunes are our first line of defense against rising seas," said Lyndsay Knowles, the current chairperson of the Waitohu group. "We now have a complete, unbreached front dune system, which is stable and self-perpetuating. The spinifex we've been planting for two decades is a miracle plant. If a storm washes out the front of a dune, the spinifex is left trailing over the edge of the blow-out and gradually traps sand so that the dune re-forms."

This has meant that the group can concentrate on the back dunes, planting a different and much wider range of species. "Spinifex and pingao, the other main sand-binding grass, love to put their roots down into shifting sands, but the plants at the back need stable sand and are a different range altogether," she said.

This year alone, the group has put in more than 1600 plants since May. "We grow about 17 different species and do it all from scratch," said Knowles. "We collect the seed locally, grow it in our nursery, pot and grow the plants on till they're robust enough to thrive in the harsh beach environment, then plant them out. It often takes about two years before plants are ready."

The group has about 20 active members, with 12 to 15 turning up on any given Monday. "We have a range of jobs, depending on the time of year. Seed collecting, weeding, planting, working in the nursery, in the dunes or beside the stream. People choose the tasks which best suit their ability and interests."

Community groups lend a hand. Pupils from local kura Te Kura Kaupapa Māori o Te Rito come regularly to help and learn and other local schools have helped from

time to time. A supported living group travels from Levin every Monday, with members helping with everything from weeding to pouring the tea.

The Wellington Regional Council has designated the beach and dunes immediately north and south of the Waitohu Stream estuary, the estuary itself and the wetlands surrounding it as one of their "key native eco-systems" (KNE), meaning it has special ecological significance in the area. The WRC therefore supplies some funding and other support to the Waitohu group, whose work is mainly on the dunes and estuary south of the stream. Kāpiti Coast District Council has an advisory role and provides two staff members for regular help with heavy work, maintaining barriers, signage, weed control and general maintenance in the nursery.

For further information or to join the group, contact Lyndsay Knowles, tel 06 364 6283.



invasive weeds are replaced by natives, including the native rush wiwi, flax, cabbage trees and taupata



A weeding party attacks lupin, marram and purple ragwort

Visit to Ōtaki School by Korean War Vets

BY MARGARET ANDREWS

Korean War veterans paid their annual visit to Ōtaki School in late July to commemorate the 66th anniversary of the Korean War Ceasefire in 1953.

The formal wreath laying and commemoration service took place by the memorial, which was presented to the school by the government and people of South Korea on the 60th anniversary of the ceasefire in 2013. Members of the 16 Field Regiment formed the Catafalque Guard during the ceremonies.

Wreaths were laid at the memorial by Yeo Seung-bae, Ambassador of the Republic of Korea, Des Vinten President of the Korean War Veterans Association and representatives of the 16 Field Regiment Royal Regiment New Zealand Artillery and Royal New Zealand Navy.

Following the Last Post, reading of The Ode (In Flanders Field...) and the Rouse, the veterans and guests marched over to the school hall where the pupils welcomed them with a powhiri.

"This is the third year I have been to Ōtaki School," Ambassador Seung-dae told the children. "I thank Ōtaki School for allowing us to have this ceremony here, every July."

The guests were entertained by the school with kapa haka and a rendition of Yeonga, a version of Pokarekare Ana, NZ soldiers taught the South Koreans during the war.

This year also saw the return of the 16 Field Regiment, from Linton Camp, with two troop carriers and some equipment, much to the delight of the kids who were able to climb in and around the trucks and talk to the soldiers.

The Korean War Vets association with Ōtaki School began on the 40th anniversary of the ceasefire, in July 1993. Korean veteran and a representative of the veterans, Doug Burgess – who had ties with the school, arranged for the original plaque and planting of the pohutakawa tree which now stands over the two memorial stones.

This was the 26th year the commemoration has been held in Ōtaki.

Following the powhiri, His Excellency Yeo Seung-bae, the veterans, their wives and guests moved around to the Ōtaki RSA for lunch.



His Excellency Yeo Seung-bae, Ambassador for the Republic of Korea, lays a wreath at the memorial stone



Korean War veterans and guests move to the school hall for a powhiri and entertainment by the pupils.



Chaplain Lance Lukin led the service at the wreath laying ceremony



Gardening with

Garden tasks for September

Flower garden

Feed and mulch your roses, shrubs and trees – it's also a good time to plant trees and choose new shrubs, such as camellias and rhododendrons, as they come into flower.

Complete pruning of fuchsias, and prune and plant bougainvilleas, poinsettias and lucullias.

Plant violets and new perennials, but take care with more tender plants until the danger of frost is over.

Continue planting dahlia tubers and gladioli corms for your summer display.

You can prolong the flowering of early spring plants like cinerarias, pansies, poppies and primulas by liquid feeding and removing faded blooms.

Divide and replant polyanthus and primroses when flowering is finished.

Sow seeds of viscaria, ageratum, sweet-pea, begonia, marigold, gazania, cosmos, snapdragon, petunia, dianthus, gerbera, statice, verbena, geranium, carnation and hollyhock.

Plant seedlings of spring and summer annuals including alyssum, wallflower, begonia, lobelia, nemesia, polyanthus, pansies, salvia, calendula, primula, snapdragon and sweet-pea.

Fruit and vegetable garden

Prune passionfruit vines and feijoas to encourage new growth and fruiting.

Plant citrus and fruit trees, and fertilise existing trees.

When fruit has set, spray citrus with a fungicide to prevent fungus disease and verrucosis. You can make your own organic fungicide by mixing 1x gallon water,

1x tablespoon baking soda and 2 and a half tablespoons vegetable oil. Pour into a large sprayer and shake well. Spray on the top and bottom of leaves.

Also spray gooseberries and currants for leaf spot.

Plant out early-crop potatoes after sprouting, and earth up earlier crops.

Sow seeds of carrots, peas (earth up and stake those already up), parsnip, beetroot, silverbeet, swede and turnips direct into the soil.

Sow lettuces, leeks, cabbage, tomato, capsicum, courgette, cucumber and eggplant ready for transplanting later.

Finish onion planting and transplant summer vegetable seedlings into the garden – lettuce, leeks, cabbage and silverbeet.

Plant herbs or sow seeds for a summer harvest.

Lawns

Mow lawns regularly and feed with liquid fertiliser – it's also a good time to sow a new lawn.

Second thoughts

Repot patio container plants outgrowing their space, using fresh potting mix to supplement what is around root ball, and feed those that don't need repotting. A slow release fertiliser is a time-efficient and effective way to do this.

Plant up any tired, dreary containers with potted spring colour – anemones, ranuculus, pansies, snapdragon and calendula are all bright and cheerful.

Start planting hanging baskets for summer colour. Repot and feed houseplants.

Focus on growing Asian greens

Asian greens are a versatile bunch of vegetables and herbs. They grow quickly and easily, given moist, fertile soils, and many are cold weather crops that do well in autumn and winter. Some are tolerant of both hot and cold conditions (another positive), and our temperate climate suits many.

Brassicicas, mizuna and mibuna (also known as Japanese Greens or Chinese Lettuce) are vigorous, cut-and-come-again plants. They produce numerous stalks and feathery, dark green leaves with a mild, non-pungent, crisp taste – great raw in salads or cooked like spinach, added to stir-fries or pickled.

Mizuna will happily grow all year round, although constant moisture and fertile soil with a good mix of drainage is essential – if you let mizuna dry out it will quickly go to seed.

Prepare soil before planting by adding lots of well-rotted manure or compost, and plant seedlings 30cm apart – spring, summer and autumn sowings will ensure a constant supply.

The deeply-jagged leaves come in red and green – green is the most common although Kings Seeds offer 'Red Coral,' which has dark purple leaves changing to deep maroon at maturity (40days). The crisp leaves have a sweet, mild mustard taste.

Mibuna has a slightly stronger flavour than mizuna – 'Green Spray' is an extremely vigorous, high yielding variety.

Chinese celery, or kunn choi, looks much like normal

celery, but doesn't grow as tall, and the stalks are a little rounder. The flavour is stronger and it's ready to eat in about half the growing time of regular celery.

Like all celery, it needs to be well-fed and watered to do its best. As a bog-loving plant, copious water is essential, which can mean nutrients are leached faster than normal, so it likes to be fed plenty of well-rotted manure or compost.

There is also the edible chrysanthemum (shungiku) which is highly valued in Oriental cooking. This spicy, aromatic herb (tastes the way chrysanthemum smells) is usually grown for its young shoots – they add a special flavour to soups and stir-fries, but the pretty, yellow flowers can also be sprinkled over dishes just before serving. 'Small Leaf' is available from Kings Seeds and produces small, dark green, serrated leaves which can be harvested 30 days after sowing. Continual sowing will ensure an on-going supply, but it's worth remembering shungiku is not frost-hardy – if you want it over winter, plant in a warm corner or grow in a pot inside.

Chinese chives, gow choy (Chinese) or Nira (Japanese) are an attractive perennial related to the common chives, but the wide, flat, solid leaves have a mild garlic rather than onion flavour. The blossom is a flat-headed spray of star-shaped flowers which smell faintly of roses. If grown indoors on a sunny windowsill they'll perfume your kitchen, and can be as pretty as any flowering houseplant.

Kings Seeds are available at Ōtaki Hydroponics, State Highway One.

Watson's Garden Ltd



Magnolia stellata 'Jane Platt'
We have a wonderful range of deciduous Magnolia trees in cups, stellata, pinks, white and fragrant!



Callistemon 'McArthur'
Flaunting a compact growth habit with a wonderful flower display, McArthur is one of 4 great varieties available.



Shop
Browse our well stocked shop where you'll find many magical gifts including this fabulous large round pressed metal pot.

Gift Vouchers, giftware, garden and pest products & pots are available year round. Monday - Saturday 9am - 5pm closed Sundays.

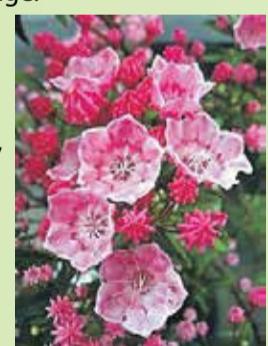
17 Bell Street Ōtaki (06) 364 8758

www.watsonsgarden.co.nz

SOME STUNNERS FOR YOUR GARDEN!!



PIERIS
"Lily Of The Valley Shrub"
Panicles of fragrant white bell flowers in spring followed by brilliant new foliage.



KALMIA
"Calico Bush"

Exquisite flowers resemble starry drops of icing on a cake in spring and summer.
3 varieties to choose from.



NEOMARICA
"Walking Iris"
Stunning indigo blue flowers throughout summer. Clump forming, handsome fanlike foliage. Hardy.
Rarely available.

TE HORO GARDEN CENTRE

Main Highway & Te Horo Beach Rd

TE HORO

PH 364 2142

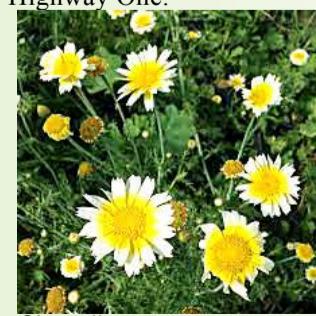
we have some treasures for you....



Mizuna



Shungiku



Mibuna



Shungiku leaves



the Ōtaki Mail

Wisteria –a climbing spring beauty

This vigorous, cold-hardy climber is a glorious sight in spring gardens – hanging panicles of softly perfumed flowers borne in heavy profusion on a woody, twining vine. The magnificent floral display is combined with a distinctive, picturesque trunk, and attractive foliage from spring to autumn.

Deciduous wisteria is a plant of bold proportions, and stems can reach great distances – pruning is an important aspect of the plant's culture, and can determine the number of flowers produced.

After establishing a frame-work, size can be controlled by pinching tip growth, but main structural shaping should be done in early summer, straight after flowering. Any further training can be limited to cutting unwanted shoots back to three leaves, not removing them completely. Dead wood can also be removed. Keep a look out for borer while pruning – they love wisteria (a shot of spraying oil directly into as many holes as you find will give some control).

Runners produced from the base of a grafted plant absorb vigour. If you are trying to establish a vine it's best to remove them as they appear. If your plant has reached the size you want, it is better to let them go, perhaps directing them out of sight, and then remove them at the end of the growing season.

W. sinensis flower as young plants, and will usually bloom in their first year. Also known as Chinese Wisteria, flowers appear in early spring and are strongly perfumed. 'Amethyst' has light rosy purple flowers with a very strong fragrance – the strongest of all wisterias.

'Blue Sapphire' is the classic blue wisteria that's such a feature of our garden landscape in October. It has soft mauve-blue flowers, tightly packed on each raceme, or chain, and a noticeable perfume.

The *venusta*, or *brachybotrys*, variety is a strong growing Japanese native. Known also as Silky Wisteria, it has unusual silky textured foliage, and shorter racemes than the *sinensis* type – it can look spectacular as a free standing shrub.

The easy to grow, free-flowering 'White Silk' (or 'Shiro Kapitan') has ivory white, sweetly scented flowers which appear with foliage in very early spring.

The compact 'Caroline', with pale silvery-mauve flowers, is possibly the most weather resistant of all wisterias, and has a strong fragrance.

The later-flowering *W. floribunda* forms have longer racemes, and tend to flower with the first flush of foliage.

'Violacea Plena' is an unusual, attractive form with fully double, violet-blue flowers and a sweet perfume.

'Alba', (also known as 'Shiro Noda'), is a sturdy, smaller-growing cultivar with racemes of creamy-white flowers up to 60cm long.

'Honbeni', or 'Pink Ice', is a true pink wisteria. The lightly perfumed flowers are a soft rose-pink which deepen as the flower ages, and as the plant matures.

Wisterias are indifferent to soil, but prefer good drainage and ample moisture during the growth or bloom periods. Once plants are established too much water and fertiliser can encourage excessive growth at the expense of flower production.

The vine can be used on pergolas, patio roofs, trellis, balconies, balustrades, walls and fences, under eaves or allowed to scramble up trees, and it's also good for training as a standard.



BY VIVIENNE BAILEY
viv.bailey@xtra.co.nz

Dwarf fruit varieties for small gardens

Many of today's gardens have shrunk, some to a tiny courtyard or patio – far too small for the type of fruit trees we grew thirty years ago. However, there's now a variety of plants available, designed especially to suit small spaces without compromising on fruit quality or production.

If space is extra tight you could choose one of the dwarf varieties – these can be used in space-saving techniques, such as espaliering, or trained to grow in a fan-shape against a wall or fence. Apples and pears, especially nashi pears, are good choices to espalier because they fruit on fruiting spurs. The related quince can also be espaliered, although they tend to stay small even if grown as trees. Regardless of which fruit-bearing species you choose (stone fruit are more difficult to train), it's best to use a dwarf specimen – a standard fruit tree will quickly become far too large to train.

The compact 'Ballerina' apple is worth considering as a space-saver – it grows as a narrow, upright column, bearing medium to large, red-skinned fruit, and can be grown successfully in pots.

Among peaches, apricots and nectarines check out varieties that grow no more than two metres – space-saving, and much easier to prune and pick. The 'Babe' range of peaches and nectarines reach just over a metre, and bear good crops of small, sweet fruit. 'Honey Babe' peach is a heavy cropper, ripening in mid-season around February/March.

Other fruiting favourites suitable for smaller gardens, and also good for growing in pots, include a wide array of citrus, like the 'Meyer' lemon, Tahitian lime, tangelos and smaller growing mandarins – the sweet and juicy, 'Silverhill', starts ripening in

mid-June, and produces large crops of medium-large, easily peeled fruit. Other suitable citrus container options are the mandarins, 'Satsuma', 'Miho', 'Miyagawa' and 'Okitsi'.

Figs are another great option, perfectly suited to growing in a container on a sunny deck because root constriction encourages better fig fruiting. Proven cultivars include popular 'Brown Turkey' which has gorgeous green/purple fruit, 'Mrs Williams' with its rich brown/purple fruit (and delicious red flesh), and 'Vlassoff' which produces large, spherical fruit with reddish-brown skin.

If space is really at a premium consider covering a fence with fruity climbers such as passion fruit or grapes, or in a warm spot, tamarillos can be trained against an airy trellis (this helps protect their brittle wood from breaking in strong winds).

Don't forget the range of fruiters that adapt well to hedging – feijoas, gooseberries, blueberries, and I've also tried the evergreen Chilean guava (great as an edible substitute for a box hedge). It forms a compact, bush-forming shrub of 1.5metres, but it's also happy in a container or grown as a garden specimen.



Chilean guava



Vlassoff fig

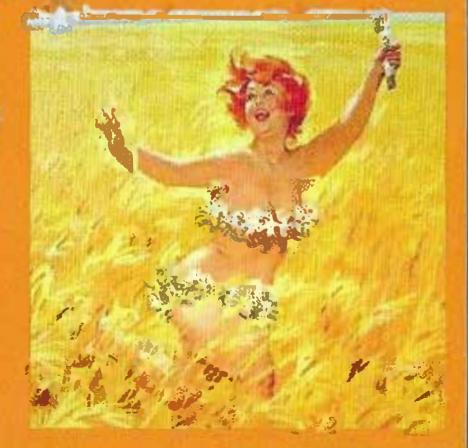
Annabee's Gardening Services

- * Specialist Rose Consulting
- * Expert Rose Care
- * Creative Gardening
- * Garden Maintenance

Anna Bradbury

022 643 9794

anna.warren@xtra.co.nz



Ōtaki Update

August 2019



Major Events Fund recipients announced

The Ōtaki Kite Festival and Māoriland Film Festival have both received support through the 2019 Kāpiti Major Events Fund to deliver their events within the next year.

Supporting a diverse calendar of events in Kāpiti attracts visitors to our district, allows us to celebrate what we love the most about our communities and is a key driver in delivering long-term economic development. To read more about the Major Events Fund and other recipients, visit our website.

► www.kapiticoast.govt.nz/majoreventsfund.



Edible gardens ready to be enjoyed

Our Ōtaki Librarians and our Parks and Operations teams have been busy over the last few weeks planning and planting the new edible garden outside the library.

Located in front of the Ōtaki War Memorial Hall and the clock tower, people can help themselves to silverbeet, choy, herbs and ornamental kale.



Maramataka on sale now

Te Whakaminenga o Kāpiti and the Kāpiti Coast District Council launched the 2019/20 maramataka earlier this month at Whakarongotai Marae. The maramataka is the traditional Māori calendar based on the cycles of the moon.

Te Atiawa hosted and provided the theme for this year's maramataka which honours the ART Confederation - Te Atiawa, Ngāti Raukawa and Ngāti Toa Rangatira. It is generally launched around the time of Matariki.

You can pick up your own copy of this year's maramataka at our Paraparaumu and Ōtaki service centres. Calendars cost \$10 each.



Top marks for Kāpiti roads

We've scored the best possible overall rating for our management of our District's paths, roads and cycle ways in a recent audit by the New Zealand Transport Agency.

The Transport Agency regularly audits local councils to ensure they are using central government funding effectively to keep transport assets in good shape.

The audit found that our efforts to improve safety, such as our intersection upgrades, revised speed limits and safety campaigns, have been well designed and implemented.

Buddy Lammas, Ōtaki's latest racing hero

BY LLOYD CHAPMAN

The Lammas family of Manakau are ‘racing royalty’. If you go to any Central Districts race meeting you’re bound to see the Clerks of the Course, Rosie & Robbie Lammas resplendent in their red coats, mounted on their imposing grey steeds. If you follow harness racing, you’ll have seen daughter Melissa, also a steward. And if you follow the thoroughbred code, you’ll know the bearded Lammas brothers as top jockeys. Elder brother Cameron, 38 was 5th on the premiership last year, and in 16 years has ridden 771 winners, for stakes of over \$13 million.

He’s based in Rotorua, and rides mostly ‘up north’ with occasional forays further south.

Buddy Lammas, christened Branden but known to everyone as Buddy is the subject of this story. To date he’s survived some horrendous injuries that have kept him out of the game for years on end, but still has managed to achieve 485 wins from 5,702 rides, and over \$7 million in stakes. After years of ‘wasting’ to keep his weight under control, he restricts his riding to jumping races, where he can achieve 65kg without severe dieting. At the end of the season next month Buddy will travel to Ellerslie where he has been nominated for Top Jumps Jockey of the year. And he’s now embarking on a successful career as a trainer.

Buddy Lammas stands tall alongside his peers, both physically and mentally. At 1.65m he’s no midget, and is one of the most intelligent and articulate male jockeys this writer has encountered.

Buddy went to Waitohu primary school, and then to Ōtaki College. On reaching the age of 17, he quit the sixth form, and with his parents’ blessing followed his brother to become an apprentice jockey with master Jim Gibbs of Matamata. ‘If you want to be the best, go to the best’ was his father’s dictum, and there’s no doubt that Jim Gibbs was the best. His 37 pupils read like a ‘whos who’ of the world of thoroughbred racing.

Apprenticeship was pretty tough: up at 4.30 in the morning, and in Buddy’s own words: “I worked until 10am, then spent the next few hours training on the mechanical horse or in the sauna sweating for the next day’s races. I then went back to work at 2pm, finishing at five and then straight back to the sauna until closing time. I had to ride winners for other trainers first before my boss would give me the opportunity to ride for him race day. It took me 23 rides to ride a winner.”

In his four year apprenticeship, Buddy would ride 1,280 races, winning 104. The terms of a jockey’s apprenticeship are that half their jockey’s fees and winning percentages go to the ‘master’, while the other half is kept for when the jockey graduates. On graduation, Buddy got a cheque for \$60,000 with which he bought a 3 acre block in Ōtaki, rather than go on a spend-up like many of his colleagues. In his first year as a senior jockey at the age of 21 he managed 96 wins, which placed him second on the premiership, and earned him a trip to Dubai, where he managed to ride a winner for a sheik.

In a ten year career as a senior jockey, Buddy rode some great horses, for some great trainers.

Influential trainers who taught Buddy his trade

Jim Gibbs
Howie Matthews
John & Karen Parsons
Peter McKenzie
David Haworth
Grant Searle

Horses Buddy remembers as exceptional

Wall Street
Vosne-Romanée
Sculptor
Jack Frost*
Chamal*
*jumpers

“Why were you so good?” I asked. Most jockeys would have taken several hours to answer. Not Buddy:

“I rode plenty of winners for top trainers”
“I could manage to get the best out of ‘last chance’ animals”
“I could win from the front, and I could come from behind”

Buddy’s win at Riccarton last month on *Alfie Dee* in the Grand National Hurdles, pictured right was a case in point. Buddy had won a 2750m \$10,000 maiden hurdle race on the horse at Awapuni a fortnight before. Now he was stepping up to 4200m against the best hurdlers in the land. The horse by Zabeel’s son Zed had, in three years managed one win on the flat, for earnings of \$35,000, which would have barely paid the training bills. In desperation, the owner had given *Alfie Dee* to Hunterville farmer Ken Duncan, an acknowledged expert jumps racing trainer. Buddy regularly goes to Wanganui to school Duncan’s horses. After Buddy’s first winning ride on *Alfie Dee*, the trainer had no further instructions for the jockey in the prestige race: Duncan acknowledged Buddy’s judgement and horsemanship.

Buddy’s ride drew gasps of amazement from the spectators: after 800m the horse



Alfie Dee and Buddy Lammas (red silks) win the Grand National Hurdle by a nose

Photo credit: Race Images

nose, paying \$20 for the win, earning his owner \$44,000

Over bigger steeplechase fences, Buddy has fond memories of winning for Mr Duncan on the nine year old steeplechaser *Shamal*, by Zabeel. (below) On the flat, *Shamal* could only win one race, but over the sticks he’s won 7, and \$184,000: five



Buddy wins a steeplechase on *Shamal* at Trentham last year photo credit: Peter Rubery

had strode to the front, and by the half-way point he had opened up a gap of 30 lengths on the rest of the field. Buddy judged the pace, recognising that the horse was happy to keep bowling along in front. He eased back, and gave *Alfie* a breather, conserving the horse for a final burst. At the final hurdle, the field had caught up, and the last sprint to the winning post was a masterful display of brinkmanship: *Alfie Dee* winning by a



Buddy salutes the judge aboard *Shamal* photo credit: Peter Rubery

wins in the hands of Buddy Lammas. Mr Duncan sent Buddy and *Shamal* to Australia last weekend to try and win the lucrative Grand National, but to no avail. Riding over fences is significantly different to riding on the flat. “You need to be alert” said Buddy “Horses can fall around you. You need to be a bit nervous: you can’t be too brave: that’s when you fall”. To date he’s only fallen twice. He has memories of breaking his back, his neck and his shoulder in falls on the flat, with a two year break from riding with shoulder injuries requiring three operations. Hurdle races, he says are quicker, and he prefers the longer steeplechases that are slower and more tactical. Buddy’s winning ride on *Old Countess* at Wanganui last weekend was a graphic illustration of the rider’s judgement. The horse had not won for a year. This time under Lammas’ tutelage, he won by 3 lengths in a masterful display of race riding.

“How long can you go on riding over fences?” I asked. “As long as my body holds up” was the considered reply. In the meantime Buddy Lammas has taken over Rachel Frost’s yard at the Ōtaki racecourse, and is plying his trade breaking-in young horses, pre-training youngsters and is now a winning owner-trainer. His horse *Rigel* has paid a dividend six of the last seven races, winning the last at Awapuni. This was Buddy’s third winner from 40 starts, after having had a trainer’s



Buddy Lammas at his stables



Rigel, with Lisa Allpress aboard wins at Awapuni Photo credit: Peter Rubery



Lisa Allpress and *Rigel* come back to scale escorted by Clerk of the course Melissa Lammas photo credit: Peter Rubery

Rāhui celebrates solid season

BY FRANK NEILL

Rāhui Rugby Club celebrated a solid 2019 season at its senior prizegiving, held at its clubrooms on Saturday 24 August. The Senior A team, in its third year back in the Premier A competition, beat the eventual competition winner Foxton and runner-up Waikanae in the final two rounds of the round robin.

That gave them a place in the semi-final, where Waikanae turned the tables on Rāhui, winning 26-21.

The two wins against the top two sides demonstrated just how tight the competition was in the Premier A competition this year. With former Māori All Black and Hurricanes player Sam Doyle returning as head coach this year, bringing his father Bill Doyle out of retirement as assistant coach, the Senior As will be looking to take a step or two ahead next season.

The Senior B team saw a resurgence in numbers this season. Under brothers Wiremu (head coach) and Huia Adams, the team reached the semi finals, where they lost to eventual competition winners Levin College Old Boys.

Perhaps the season highlight came with the Under 15 Te Rāhui Kura girls team totally dominating their competition. They were undefeated all season in winning their championship.

Te Rāhui Kura Under 15s were one of eight junior Rāhui teams, who contributed 13 players to the Horowhenua Kāpiti Under 11, Under 12 and Under 13 representative teams.

For the first time in the club's history, Rāhui has a Senior Women's Rugby team. It has entered a 10-a-side team in the women's competition, which begins this month.

Last year, Rāhui had a Senior Netball

team back in the competition after a 10-year absence.

This year the club had three teams on the court, headed by Kylie Gardner and coached by Kati Cooper. All three teams performed well.

With the club's resurgence and the increase in numbers, there was now good interest and support from the community, Club Captain Makaore Wilson says.

There was also great support from local businesses, and the club was very grateful for that.

Teariki Peneha was presented the Senior A MVP Player of the Year award at the prizegiving. He was also named most valuable back and player's player of the year. The other prizewinners were:

Netball

All round player of the year, Kirst Maheno; most improved Senior A, Jade Ratapu; Premier player of the year, Riria Ropata; Senior B player of the year, Zivana Eriha; most improved Senior B, Aio Rēweti; Player of the year Senior B, Whiona Sa'ena; and all round most improved player, Christina Tuitupou.

Senior A Rugby

Best team member, Sam Gibson; most dedicated player, Hayden Rasmussen; most improved player, Alizay Roach; most points, Tiakina Manga; most valuable forward, Joel Winterburn; and most improved player under 21, Tonihi Raureti.

Senior B Rugby

Player of the year, Wiremu Cook; best team member, Stephan Titze; most improved player, Neihana Cook; most points junior grade, Paihere Brown; most valuable back, Manupiri Rikihana; most valuable forward, Warren Hunia; and up and coming under 21, Paihere Brown.



Teariki Peneha, Rāhui's Rugby player of the year, looks to unload the ball in the tackle.



Rāhui's all round netball player of the year, Kirst Maheno delivers another pass.

College Basketball team wins final



Back: Hunter Austin, West Pu'e, Philip Rehker, Nathan Fulford, Finley Stevenson

Front: Jeremiah Te Aramoana, David Phung, Sean Todd, Damien Doyle, Trent Thompson-Tawhara

The Ōtaki College Senior Boys Basketball team won the final of the Northern Wellington region college competition, beating Tawa College 83 to 33 at Nga Purapura. Coach Matua TeTahi Takao says the boys had a great season. "We've still got the schools winter tournament week coming up in September, for the north Island schools," says Matua Te. "That is a 3 day tournament in Palmerston North 4-7 September. Last year they went to the schools tournament and placed 13th, the boys have set the self of coming 8th." The boys won all of their games this season. Matua Te says they'll be up against really good teams at the September tournament, "they will test them".

A National Plan for Cleaner Water

BY PHIL WALLINGTON

It has taken the best part of two years to hammer out the plan, but the Ardern Government's ambitious scheme to fix New Zealand's growing fresh-water crisis has finally been announced. In the run up to the General Election, the Labour-led government had promised to stop the degradation of waterways, reverse the damage and make measurable improvements within five years. The Prime Minister said, "It was very clear at the time of the election that everyone wants to be able to swim in their local river without getting sick". Jacinda Ardern visited Northland to announce the first tranche of \$12-million dollars funding. It will go to the Kaipara Harbour Management Group - which includes farmers, councils, hapū and schools. The Government wants a community-led response to clean up Kaipara Estuary. This will focus on riparian planting, fencing streams to prevent livestock from entering, and measuring sediment flow.

The good news for our region is that this scheme, initiated in Kaipara, will gradually spread to the rest of the country. It's coming to our way, as own Ōtaki river and the to various streams, lakes and estuaries in our region, are included and become eligible for funding. The Greater Wellington Regional Council has already been working to set up "Whaitua", or super catchments. In each Whaitua (there are five in GWRC area) a committee of community, councillors and mana whenua will be responsible for setting freshwater objectives and limits that represent the range of values and aspirations of the community with the Whaitua. The Kapiti Whaitua work will start next year when the Regional Council is due to get "the green light"

The aim is to involve as many of our people as possible. We will be encouraged to produce local input in the formulation of strategic development plans. This will not be just another "talk fest". In the 2019 Budget the government set aside \$229-million for better land use and improved waterways. The responsible ministers say they want the work to be community led. Farmers will be encouraged to make their own decisions on where to plant and fence to prevent the build-up of sediment and nutrient run-off into rivers and streams. Further work will involve volunteers, iwi, local government, farmers and school students. In the Ōtaki catchment it is expected Tangata Whenua, conservation groups, friends of the river and anyone else with a positive vision, will contribute their knowledge and efforts to develop and implement our regional plan. Community led groups will be eligible for funding from central government and the government believes its 'Essential Freshwater Plan' will set a national direction and a strategy for councils to follow on freshwater standards. They say it may take a generation or more to fix some of the worst problems.

The Ōtaki Rivers

So how does the Ōtaki River rate now? In the words of that inspirational kiwi philosopher, Fred Dagg, "We don't know how lucky we are". That's pretty much the view of Mark Heath, the senior environmental scientist working for GWRC. He is the man in charge of monitoring the health of the fresh water in our region. Mark reckons the Ōtaki is one of the most pristine rivers in our region. I went out with him and his colleague, Ashley Alberto, an environmental monitoring officer from Canada. It was part of their regular patrol which takes in the rivers, streams and lakes across the lower North Island.

We started the local run south of Ōtaki, where we stopped about half-way down the road to the beach. Ashley donned her

waders, climbed down the steep bank and waded into the Mangaone Stream, which runs through the adjoining paddocks, orchards and homes. She deployed a scoop to catch water samples that were carefully decanted into sample jars. The specimens are sent to a nationally accredited laboratory in Hamilton which measures results from similar scientific work, from other regional and local authorities. In this location the water quality is not good. It has suffered the consequences of intensive farm practices after deforestation a long, long time ago. In recent decades human settlement, with septic tank run off and pollution from domestic, farm and wild animals has increased sediments and nutrients. Mark Heath points to our local vegetable growing industry as a potent source of nitrogen leaching into this and other local streams. Before we left Te Horo, Ashley carefully sprayed her waders to prevent any aquatic organisms being transferred from the stream to other waterways.

We then moved on to the Ōtaki River, for its regular health check. Here, we have a river that it is under some development pressure, but still remains one of the healthiest in the land. In its relatively short journey to the sea, The Ōtaki River has little development in its upper catchment. It's pretty much only rainwater and snow melt, above the Forks and the white-water cascades. In its middle reaches, there is not a great abundance of flat land, to allow intensive arable farming, cropping and grazing. Life-style farms and a few orchards make up the mix, until the broad and braided stream flows underneath the rail and road bridges and down to its mouth and the Tasman Sea. It is in the lower reaches of the Ōtaki that the pressure is being felt from urban development and land use practices.

Mark and Ashley again put the waders on and started sampling the river. They again, took water samples for testing -- and Ashley used an inverted, underwater periscope, for visual observation and measurements of the river's deposited sediment. The health check is thorough. Our two scientists wrestled a few reasonably large stones from the riverbed and checked the organic growth and algae which adheres to the boulders. Again, samples were taken by scraping, and bottled up for later testing. The process was repeated at two other regular testing sites downriver. Our final stop was near the river mouth with a distant view of the sea.

Mark knows what he is talking about. He is one of the Greater Wellington Regional Council senior scientists. He grew up on a farm before heading off to university to complete his master's and Ph.D. The combination of observed and practical farming and his years of study and working to identify better land use practices have given him valuable insights and helped develop strategies for better land use. In Ōtaki, he is working on a river that has many users, and a growing demand for consents for water extraction, which will require careful management. The River historically, has supported and still does, major gravel extraction operations. These are essential for concrete, roads and many other economic needs.

Mark's colleagues in the hydrology and flood protection team also keep their eyes on the peak river flows and river levels during storm or drought events. The Greater Wellington Regional Council is responsible for flood containment stop-banks and emergency preparations and precautions for major floods. In a catastrophic flood event, millions of dollars of infrastructure and private properties could be lost. So, flood prevention and early warning are vital.



Ashley Alberto takes water samples from the Mangaone stream



The upper reaches of the Ōtaki river



What do the numbers say?we don't know how lucky we are

In a drought, our river is now susceptible to toxic blue green- algae (Cyanobacteria). Mark blew the whistle earlier this year, in time for the regional authorities to warn swimmers and other rivers users of the hazards posed by the combination of low water levels, sluggish river flow and higher than usual summer temperatures. It is a scenario that may well recur as global warming and climatic changes affect New Zealand in future.

The Global Picture

Looking at the global picture; again, we are very lucky to live in New Zealand, which has a pluvial climate (i.e. it rains a lot). In this country we still have water in abundance, while very nearly half of the world's population (2.9 billion people) suffer severe water scarcity for at least one month each year. It is predicted at least half of the world's great cities face future water shortages as populations

grow and climate change threatens their future prosperity and even, their very existence. It is indeed a dire picture, with experts painting an even more problematic future. Most of the world's continents are getting drier. We are losing forests at an unsustainable rate. As temperatures rise and populations grow, the pessimists say future armed conflicts and crises of displaced populations and refugees seeking asylum will eventuate... a sombre prediction indeed.

Our challenge locally is to preserve, maintain and improve on the bounty that nature provides. It is time for all of us to conserve the water we have, to practice better land use and to use our kiwi ingenuity to develop novel solutions to ensure a prosperous future for the generations to come. Saving the environment and saving our world begins locally, before it can spread globally.

Omeo Technology

exciting opportunity with us in Ōtaki

E & I Service Technician

"Omeo Technology (omeotechnology.com) changes the accepted thinking behind personal transportation and mobility through intelligent technology and cool design that provides greater levels of freedom and independence for our customers. Omeo is a "NZ Story-Innovation" technology company now shipping its award-winning patented Omeo Evolution 1 personal mobility device to eager purchasers through its worldwide network of agents.

We are now in early growth phase and are in need of an E & I Service Technician to support our Product & Design and Engineering functions.

You will:

- install, test, troubleshoot and repair low voltage electrical control circuits, fixtures, control devices and related equipment
- read and interpret mechanical drawings, electrical schematics and specifications in order to provide troubleshooting and repair services.
- diagnose, locate the cause of, and repair malfunctioning systems and components using testing equipment
- perform preventative maintenance through inspection of electrical and mechanical systems, equipment and components
- maintain accurate and up to date maintenance records
- test electrical systems and continuity of circuits in electrical wiring, equipment and fixtures
- direct and train other service technicians
- work on any other technical projects as required
- in order to ensure the continued safe, efficient and effective operation of all equipment manufactured and/or utilised by Omeo.

We expect you will have

- a Tertiary Diploma or equivalent
- Relevant Electrical or Instrumentation Trade Qualification preferred (but not essential)
- a minimum 5 years Industrial manufacturing & service experience required.
- Ability to work independently in a busy environment.
- Experience with routine maintenance operations.
- Able to effectively communicate both verbally and in writing
- Able to work well under pressure.
- Strong attention to detail.
- Able to read and interpret schematics, drawings and specifications
- Knowledge of safe operating procedures.
- Self-starter, with developed analytical and troubleshooting skills.
- Computer literate.
- Experience in PLC (Programmable Logic Controller) and HMI (Human Machine Interface) control systems

The role is based in friendly, sunny Ōtaki

Some local and international travel may be required.

Remuneration by negotiation and incentives will apply

Contact; Peter.steenberg@omeotechnology.com, or Kevin@omeotechnology.com



HARVEY BOWLER

FUNERAL SERVICES

Inc. HOROWHENUA CREMATORIUM

*Known for Excellence.
Trusted for Value.*

- Our company has been serving the families of our district for 95 years
- Chapels in Levin, Shannon and Otaki
- Cemetery Memorials
- We own and operate Horowhenua Crematorium
- Large variety of Caskets and Urns



Otaki Office: 61 Main Street, Otaki
Open Tuesday Mornings or by appointment
Freephone: 0800 FD CARE
Email: support@harveybowler.co.nz
www.harveybowler.co.nz

KĀPITI COAST DISTRICT COUNCIL MEETINGS IN September 2019				
Tuesday	3 September	Te Whakaminenga o Kāpiti	10.00 am	Council Chambers, 175 Rimu Road, Paraparaumu
Tuesday	3 September	Ōtaki Community Board Meeting	7.00 pm	Gertrude Atmore Supper Room, Memorial Hall, Main Street, Ōtaki
Thursday	5 September	Public Forum	9:30 am	Council Chambers, 175 Rimu Road, Paraparaumu
Thursday	5 September	Strategy & Policy Committee Meeting	10.00 am	Council Chambers, 175 Rimu Road, Paraparaumu
Tuesday	10 September	Waikanae Community Board Meeting	7.00 pm	Waikanae Community Centre, Utauta Street, Waikanae
Thursday	12 September	Audit and Risk Committee Meeting	10.00 am	Council Chambers, 175 Rimu Road, Paraparaumu
Tuesday	17 September	Paraparaumu Raumati Community Board Meeting	7.00 pm	Coast Community Church, 57 Hinemoa Street, Paraparaumu
Thursday	19 September	Chief Executive Performance and Employment Committee – held in public excluded session	10.00 am	Council Chambers, 175 Rimu Road, Paraparaumu
Thursday	26 September	Public Forum	9.30 am	Council Chambers, 175 Rimu Road, Paraparaumu
Thursday	26 September	Council meeting	10.00 am	Council Chambers, 175 Rimu Road, Paraparaumu

Attendance at Meetings

(1) **Cancellation** - Meetings are sometimes cancelled for a variety of reasons. To confirm whether a meeting is on, please ring the Democracy Services Manager on (04) 296 4700 or toll free on 0800 486 486.

(2) **Venue** – Please note that all meetings will be held in the Council Chambers, Civic Administration Building, 175 Rimu Road, Paraparaumu, unless otherwise specified.

(3) **Public Forum** – a 25-minute session will be held before every Council and major committee meeting (9.30 am – 9.55 am) in which you can speak on any topic. Bookings are essential. Please book ahead with the Democracy Services Advisor – online booking form can be found on website.

(4) **Public Speaking Time** – Under Council's Standing Orders (Appendix I) a period will be provided after the start of each meeting for Public Speaking Time to allow for oral submissions relating to agenda items, and at the end of meeting for other items not on the agenda. If you wish to address the Council or its Committees during Public Speaking Time please **book ahead** with the Democracy Services Advisor and you will be given an approximate timeslot. People who book ahead for Public Speaking will be given precedence over those who do not.

(5) **Live-streaming**: Council and Standing Committee meetings are live-streamed.

(6) **Agendas** are available two days before the meeting at:

- Our website www.kapiticoast.govt.nz;
- Council's Libraries and Service Centres.

Wayne Maxwell
Chief Executive

PB 60601 Paraparaumu | Ph 04 296 4700 |
Fx 04 296 4830 | www.kapiticoast.govt.nz

Kāpiti Coast DISTRICT COUNCIL
Me Huri Whakamuri, Ka Tīro Whakamau



Ōtaki Canoe Club

Annual General Meeting

Tuesday, 24 September 2019

6.30 - 7.00pm

Ōtaki Pool, Mill Road Ōtaki
All welcome

Spring Sing is back

BY ANN-MARIE STAPP

Ōtaki Spring Sing, is back for 2019, with three new choirs participating this year. This is a chance for you to come and hear the wide range of expertise in the choral world on the coast. The choirs' range in what they offer our community, from entertaining in retirement villages and groups producing concerts each term. There will be about 120 singers across 8 choirs and you will hear the combined group sing some massed songs, and each choir give a 12 minute package of their own choice. This is a full programme of fantastic singing and an option to sing along and join a group.

Ōtaki Spring Sing 3 2019

An Afternoon of Adult Singing Groups on the Kāpiti Coast



Sunday 15 September 2019 2 - 4pm

Otaki Memorial Hall – 69 Main Street, next to the library

Entry fee: Gold coin (to help cover costs)

Featuring:

Kāpiti Women's Choir

Kāpiti Choral

Kāpiti Songsters

Let's Sing Ōtaki

Ōtaki Ecumenical Singers

Sing Out Levin

Voices in the Wind

Kāpiti Seniors Choir

BAKER'S BENCH



Maggie's chocolate brownie

Maggie Braddock

200g butter

2 cups brown sugar

2 eggs

½ cup cocoa

1tsp vanilla essence

1 cup flour

Melt the butter, add sugar, cocoa, then all other ingredients.

Beat until smooth.

Pour into a pan.

Bake at 180°C for 20–25 mins.

Shake mid cooking to settle the mixture.

As it is cooling, slice to size.

Dust with icing sugar when it is cold.

In the Microwave

100g butter, melted

Add

1 cup sugar

1tsp vanilla essence

¼ cup cocoa

Beat in

2 eggs

Then add

¾ cup flour and

1 tsp baking powder

Mix.

Put into a mid-size microwave dish.

Cook on high 2 ½ –3 mins (adjust the time to suit your microwave)



FAMOUS in ŌTAKI

Media Muse

In which country did the government's recent appointment of a water quality regulator lead the state television channel's bulletins as breaking news? Canada? France? Bulgaria? Morocco? None of the above. The correct answer is New Zealand, the only western democracy with no public television channel.

At 6pm on Wednesday 31 July, the evening bulletin on TVOne, the government's main television channel, opened with the male newsreader, Simon Dallow, standing beside the giant news studio screen on which was printed in large letters "BREAKING News" repeated for good measure over and over in strap lines running top and bottom.

"A big move," says Dallow, "on a national resource vital for the health and well-being of every New Zealander — water — revealed just minutes ago."

Backed by footage of water flowing from a tap, a visual aid for views new to the concept of water, Dallow continued: "The country's getting a dedicated watchdog for water quality to ensure access to safe, clean drinking water."

There would also be new regulations for wastewater and stormwater with "more government oversight." Dallow then live-crossed to reporter Katie Bradford standing next to a fountain in Havelock North where, in August 2016, 5,000 people fell ill with a campylobacter infection after drinking contaminated water from the town supply. Four deaths were linked to the outbreak which was estimated to have cost \$21 million. One of several government inquiries later warned that nearly 800,000 New Zealanders - or 20 percent of people on town supply - were drinking water that was "not demonstrably safe".

That led to what Ms Bradford described as "the biggest overhaul of our water regulations in many, many years". The bulletin then screened her filmed report

which must have taken several hours to put together — ready to screen when the news "broke" just minutes before the start of the 6pm bulletin.

Television loves breaking news, especially when it's still breaking when the bulletin goes to air and they can cross live to a reporter at the scene for the latest details as they unfold in what is variously called a developing, evolving or unfolding drama.

While the timing of the government's unveiling of its new water quality regulator technically qualified as breaking news, the usual breathless promises of "more details as they come to hand" were made redundant by Ms Bradford's report which lacked only the obvious question to a government minister: "Why did it take you so long?"

Three years had elapsed since the Havelock North gastro outbreak highlighted the dodgy quality of our drinking water. But that was only mentioned in passing. Not having to answer that question was the most obvious advantage for the government in arranging for OneNews to have the official announcement a few minutes before their 6pm bulletin.

It was effectively an "exclusive" or "scoop" giving TVNZ's journalists a win over their rivals at TV3's Newshub in their nightly battle for the 750,000-800,000 people aged five-plus still in the habit of watching the evening news on the telly. Of this audience, TVNZ's One News attracts around 670,000 viewers and Mediaworks' Newshub has an estimated 150,000. One in six New Zealanders get their news off the telly at 6pm, a number that has declined slightly over the past 20 years but still makes up the country's largest single audience.

Striving increasingly desperately to increase their share of that audience, Newshub breaks news stories like a bull buying a dinner set in Briscoes.

Two nights before the government's comms people gave TVNZ's journalists an exclusive that excluded their rivals, Newshub's journalists and the prime minister's comms people combined to produce an exclusive that was exclusive in more ways than one.

Firstly, it was exclusively about themselves which meant that it remained an exclusive because no-one else touched it. Secondly, it was an exclusive because it was about exclusion — the claimed excluding of Newshub journalists from access to the prime minister.

Jacinda Ardern was in Tokelau on the first visit to the island by a New Zealand prime minister in 15 years. Among the journalists with her was Newshub's Anna Bracewell-Worrall. She had been "tasked" with to ask the PM about the ongoing protest at Ihumatao near Auckland Airport among other things including the Greens. The PM's comms lady said the PM would not answer questions about Ihumatao while out of the loop in Tokelau. The reporter got on the blower to her newsroom in Wellington. They put pressure on the PM's comms people in the Beehive who over-ruled their colleague, last seen scowling darkly at Newshub's reporter who got this answer to her silly questions from the PM (as recorded on Newshub's web site):

"Regardless of what's happening domestically or locally we have a great team that pick up the reigns (sic) when offshore."

Obviously, that wasn't strong enough on its own to make the evening news, let alone lead it. So Newshub came up with this: "Jacinda Ardern has personally tried to prevent media from asking about the Ihumātao dispute while on a charm offensive in the Pacific."

News hub then live-crossed to Parliament where Tova O'Brien, Newshub's doll-like political editor was waiting, locked and loaded, to deliver one of her nightly

finger-wagging lectures, which always remind me of Linda Blair's projectile vomiting scenes in *The Exorcist*.

O'Brien: "Yeah, frankly an appalling move by the prime minister, attempting to dictate coverage while in Tokelau and then made worse by that threat from her staff to restrict access.

"Their argument was that the prime minister may not have been sufficiently briefed or have the most-up-to-date information. But that simply doesn't fly because the prime minister should be able to answer questions without an army of officials feeding them lines and it really plays into that narrative from her critics, from National, that she's this kind of celebrity-style politician more interested in garnering positive international headlines than dealing with the substance at home."

Setting aside Ms O'Brien's gratuitous, irrelevant and unprofessional commentary, her dismissal of the reason for prime minister's reluctance to answer questions about Ihumatao was at odds with the fact that Tokelau's communications with the outside world are so fragile that, as reported earlier in the story, locals had been told not to use their cellphones to free up bandwidth during the New Zealand prime minister's visit.

So, not just fake news but fake hype and, like TVNZ's water quality regulator beat-up, twisted to have the dramatic impact necessary to justify inclusion in a television news bulletin.

A second factor common to both news items was their origin in a collaboration between television reporters and government communications staff, in one case, and a conflict between them in the other. There are two main casualties in this ongoing battle of spin and counter: the constant erosion of the credibility of the news and the resulting loss of trust in it by the audience.

Public notice of summary of submissions Variation 3 – County Road Otaki Low Density Precinct

The Kāpiti Coast District Council has summarised the submissions on Variation 3 to the Proposed Kapiti Coast District Plan - County Road Otaki Low Density Precinct.

The summary of submissions is available to be inspected at www.kapiticoast.govt.nz/Variation-3 and at Council's libraries and service centres in Paraparaumu, Waikanae and Ōtaki. If you have any questions about the summary of submissions, please contact Emily Thomson by email Emily.Thomson@kapiticoast.govt.nz or phone 04 296 4700, or freephone 0800 486 486.

The following persons may make a further submission, in the prescribed form [Form 6 of the Resource Management (Forms, Fees, and Procedure) Regulations 2003], on or before 11 September 2019 to the Kāpiti Coast District Council:

- (a) any person representing a relevant aspect of the public interest; and
- (b) any person that has an interest in the proposed policy statement or plan greater than the interest that the general public has; and
- (c) the local authority itself.

A further submission must be limited to a matter in support of or in opposition to the relevant submission.

A person who makes a further submission must serve a copy of it on —

- (a) the Kāpiti Coast District Council – either via email Emily.Thomson@kapiticoast.govt.nz or deliver to:

Attention: Emily Thomson
Kāpiti Coast District Council
175 Rimu Road Private Bag 60601
PARAPARAUMU 5254

and

- (b) the person who made the submission to which the further submission relates.

The further submission must be served on the person who made the submission not later than 5 working days after the day on which the person lodges the further submission with the Kāpiti Coast District Council.

The date of this notice is 28 August 2019.

Ōtaki - Education Town

a learning eco-system

The world of work is changing

BY JIM MATHESON

We used to ask young people ‘**what** do you want to do when you grow up?’ The assumption behind the question was that there was one job or career that would sustain a person throughout their working life. The world of work is changing. A more relevant question to ask young people today is **who** do you want to be when you grow up? What sort of a person do you see yourself as? What are the skills, values, competencies you want to have to navigate a flexible and changing work and social environment? The Foundation for Young Australians researches changing work patterns to understand how work is changing and identify the new and different skills needed in the emerging economy. (<https://www.fya.org.au/>) Their work has relevance for New Zealand and for Ōtaki.

Their key findings.

In the future workers will spend more time

- learning and relearning on the job,
- analysing and interpreting information,
- solving problems
- using critical thinking and
- using science and maths.

Self-management is becoming an essential skill for everyone as it is expected at work there will be less middle management, less organisational coordination and greater individual autonomy.

Given that the world of work is continually changing, the research suggests a change in how we think about

work. They propose thinking about our working lives with a focus on skills and capabilities, not just jobs or industries. They suggest thinking about jobs as part of a cluster of work that demands similar skill sets and competencies.

When looking at the impact of these changes on young people they found that:

- today's 15-year-old is likely to have about 17 different jobs across 5 different careers over their working life
- entry level jobs are disappearing because of the impact of globalisation and automation
- young people are taking longer (on average 2.6 years) to move from full time education to full time work.

The young people who are making a successful transition from education to work are more likely to have

- enterprise skills
- have had relevant paid employment while in education
- been employed in areas of economic growth
- an optimistic mindset and strong well-being.

Schools can already extend their focus to these areas. The NZ Curriculum was designed to give schools maximum flexibility in its implementation but schools have not always taken full advantage of that flexibility. It is hoped that the report on ‘the review of tomorrow’s schools’ that will be released some time later this year will have a focus on strengthening the implementation of the whole curriculum. Also the proposed changes to NCEA are intended to enable a

more comprehensive approach to assessment of the knowledge, skills and competencies our young people develop.

In Ōtaki, Te Reanga Ipurangi Ōtaki Education Trust, working with the kura and schools, is looking at how we integrate these ideas into curriculum delivery. We have started to build the digital competence of all our young people with the use of chromebooks and an initial focus on literacy and numeracy. The competencies in the curriculum are receiving greater emphasis at primary school level. In Te Marautanga o Aotearoa competencies are imbedded in each of the learning areas. The focus on strengthening culture and identity in young people across both kura and schools will contribute to growing young people who have an optimistic mindset and strong sense of well-being. We have further work to do in engaging more young people in the sciences, integrating enterprise skills throughout the delivery of the curriculum, and incorporating paid employment as a valuable part of the teaching and learning programme.

To do this effectively will require greater collaboration across the kura and schools and collaborating more closely with local businesses and organisations. This is already happening in our town but needs to be expanded if we are to ensure all our young people are to leave education well equipped for the next step in their lives.

Enterprise skills

The FYA research found that Enterprise skills are in demand across all occupations and industries. There is a

strong overlap between this list of skills and the competencies in the New Zealand curriculum.

Enterprise Skills are:

Communication: the ability to speak clearly, listen actively and write for different audiences to express thoughts and opinions and disagree respectfully; ensuring all voices are heard

Confidence and agency: being able to learn new things, work towards goals and bounce back from challenges

Creativity and innovation: the ability to imagine possibilities and come up with new ideas and make those ideas a reality

Critical thinking: the ability to ask good questions, combine new information with prior knowledge, justify opinions, reflect on learning and transfer learning into new situations

Digital literacy: to use digital technologies to communicate with others, create solutions, and do research

Enthusiasm for learning: being motivated to seek out new learning and experiences

Financial capability: being aware of the thinking and feeling that drives your financial decisions, using maths skills to manage money and using tools such as budgets to achieve future financial goals

Global citizenship: awareness that global issues can be seen within local communities and that global citizens can make a positive change locally the affects global issues

Intercultural competency: the ability to communicate respectfully with people from different cultures and to appreciate different perspectives

Presentation: the ability to confidently and clearly speak in front of an audience and to use digital technologies to support what is being communicated

Problem solving: the ability to find effective solutions to varied and challenging problems

Project management: the ability to break a project down into smaller tasks, use timelines and share tasks between group /team members to achieve project goals

Teamwork: the ability to collaborate with others to make decisions and reach shared goals: managing disagreements and respecting the ideas different to your own.



Last week, Ōtaki College held a careers expo, featuring employment and training pathways for local students. The hall was buzzing with students seeking career information.

Ōtaki College News

August 2019

www.otakicollege.school.nz

From the Principal Andy Fraser

Since our last Newsletter a lot has been happening to make this an exciting and eventful month.

We have now completed the ERO review process which took place from 19-22 August. This is always a very useful process as it involves having an external lens placed on the work we do in the College and we are very pleased that this has affirmed a great deal around the positive outcomes achieved by the students at Ōtaki College. There is strong evidence around the acceleration of learning, supported by strong achievement information, a very responsive curriculum, community engagement and a strong, holistic approach to supporting the hauora/wellbeing of students and staff. This process also affirmed some next steps for us to continue our educational journey to get the very best opportunities in place for the students of Ōtaki College. The ERO report, once confirmed, will be made available on the ERO and College websites.

One of the points that ERO noted was the wide range of curriculum opportunities that students have at the College. It was perhaps serendipitous that their visit coincided with our biennial Careers Day - a highly organised and successful event, from which I believe students gained a great deal. My sincere thanks to Steph Putt for her organisation of the day, to a number of the Year 13 Gateway students who worked extremely hard to ensure the smooth running of the event, and to all the organisations that supported the event and helped make it such a success.

One of the exciting things as Principal is to constantly see students excelling in academic endeavours. I would like to sincerely congratulate Brian Van who, following on from gaining his scholarship Calculus, was one of only 15 students, out of 1,080 entries from New Zealand's best mathematicians, selected to compete as a finalist in the Cassio - Victoria University Senior Mathematics Competition for 2019. He competed on Friday 16 August and whilst he did not place in the top 3, this was an amazing experience as he found himself up against students who were already New

Zealand Mathematical Olympiad representatives with the winner of the competition already boasting a bronze and silver medal at a recent world event.

I would also like to acknowledge Karen Su and Michelle Young, who have recently participated in the HSK Chinese Language Examination where they both attained a 100% mark. To achieve this is something special and it will be acknowledged by a scholarship to China in September for both girls.

On a slightly different tack, I would like to congratulate Kaea Hakaraia-Hosking, who was one of eight Ōtaki students, part of a Māoriland Hub initiative, to travel to Sydney to participate in the Indigihack Competition which is designed as a challenge to develop prototype solutions to revitalise indigenous languages. This competition ran over three days to

develop an app and Kaea received first place as a result of her outstanding efforts. She will now receive \$5,000 to help further develop this app.

On the sporting front, I have the pleasure of reporting that our Girls Football Team won the Northern Region Zone Final against Paraparaumu College, carrying on to win their game against Upper Hutt College, who won the Hutt Valley Zone. This week they play Wellington Girls College in the Regional Final. I wish them all the very best as they continue to have such an outstanding season. Congratulations also to our Boys Basket Ball Team who won their final 88-33 against Tawa College, coming first in the Northern Division.

Another exciting event was the recent visit to parliament with four of our Heads of School and the Otaki Scholar to meet

Prime Minister, Jacinda Ardern. The Prime Minister showed a high degree of warmth and interest towards our group and showed a genuine interest in the longstanding tradition of the Otaki Scholar which links us to Robert Gordon's College in Scotland. Despite the busyness of her day we spent around 40 minutes with her and it is something that I know our students will remember for a long time. A very pleasant part of the conversation was when the Prime Minister asked Rohan Mudkavi, the Otaki Scholar, what was one of the biggest highlights of his trip and he replied that it was his time on Kāpiti Island (a huge thank you to Kāpiti Island Nature Tours for making this possible).

Ngā mihi nui, Andy Fraser, Principal



At Parliament, George Sladden, Head Prefect, Scots College, Haze Edwards, OC Head Boy; Jacinda Ardern, Prime Minister; Rohan Mudkavi, Otaki Scholar; Lauren Blakeley, OC Head Girl; Hetal Patel, OC Deputy Head Girl; Andy Fraser, Principal and Nicholas Fleming, OC Associate Head of School

Sonic Power - Ōtaki College's first Bandquest entry

BY ANJE GLINDEMANN

On Tuesday 20th August, six Ōtaki College year 7&8 students went to Bandquest in Manawatu. This is a first for the college, who this year started a band mentoring program as part of what's offered by Head of Performing Arts, Joanna Devane.

The band's name is 'Sonic Power' and it consists of two girls and four boys, Taleah Falamoe, Vallerie Natano, Sam Saul, Harrison Bigwood, Seth Karl-Fields and Ethan Kyle. They are tutored on a weekly basis in terms 1-3 by mentors Anje Glindemann and Paul Waechter. They performed one original song 'Water' (lyrics by Taleah, music by the band), as part of the Festival category of Bandquest, which allows the students to perform just one song and have the Bandquest experience. This is the first time Bandquest has been held at The Globe Theatre in Palmerston North and the auditorium was full. The children played really well even though they had felt a bit nervous to start with, they enjoyed themselves immensely and are keen to participate in events like this again soon.



Sonic Power: L-R Ethan Kyle, Seth Karl-Fields, Taleah Falamoe, Vallerie Natano, Harrison Bigwood, Sam Saul

Ōtaki's History

Contributed by the Otaki Historical Society and the Otaki Museum

Ōtaki Museum Collection

BY DI BUCHAN

The items selected to be in our mini-display at the Museum for the next month or so are all related to personal hair grooming. Over the years, many implements have been designed to enable us to make our hair different to that which we are born with - hair brushes and combs, blow-driers, curlers, clips and curling tongs. Today one of the most popular implements, especially among young women, seems to be hair straighteners!

While fossicking around in the museum storage room we have uncovered a few items associated with the grooming of hair that we thought our visitors might be interested in having a look at.

One of these is a hand-held hair clipper made in Germany and has stamped on the handle D.R.G.M. (which stands for German Reich Registered Design). So it may have been brought back to Otaki by a soldier from one of the World Wars. This item was manufactured sometime between 1900 and 1945 and donated to the museum in 2010.

Another item is a pair of hair scissors which are of Japanese or Chinese origin. There is a character stamped on the handle which one of our Otaki residents may be able to decipher for us. These scissors are dated from 1880 and come from the Hyde Park collection.

Also on display is a hair curling tong made of iron and used to create ringlets and kiss-curls. It dates from 1890 and was also made in Germany. Presumably the tong was heated on a coal range and it would have been very important to make sure they were not so hot that they burned the locks to a crisp.

Two other wooden items similar to those found in many parts of the Pacific as well as New Zealand are included – a comb and a hair accessory. There is no name or date recorded on either of these items. Hopefully someone in town can tell us a bit more about them. These may also have come to us from the Hyde Park Museum.

If anyone has old items associated with hair-grooming such as combs, brushes, other types of curling irons, especially if they belonged to one of our old identities, you may like to donate them to expand this particular range of items in the museum collection.

In response to our previous display of the Cottage Hospital tea set, we received a donation of several more items belonging to the set. This has been a wonderful outcome for the museum as the tea-set in the collection is now all but complete. A milk jug in good condition is the only item still missing so if you have one and would like to add it to the heritage collection, please let us know.



OTAKI MUSEUM AGM

The Museum will soon be holding its Annual General Meeting to report on the year's activities and discuss the year ahead.

Otaki residents are welcome to attend:

Wednesday 9 October 11am, 49 Main St, Otaki.

We're also recruiting new trustees to govern the trust's operations.

If you're interested, contact us on admin@otakimuseum.co.nz or 06 364 6886

Consumer Guarantees Act (CGA)

Know your rights when buying goods and services for domestic use. What are these rights?

Repairs, replacements and refunds are known as remedies. You can ask for a remedy under the Consumer Guarantees Act (CGA) for any consumer product or service that you are not happy with.

The likelihood of getting one of these remedies depends on:

- what types of products or services you bought, and their uses
- what the seller told you about the product or service
- how you paid
- if you bought them from a business or privately.

Consumer products are things bought from a business for personal or household use.

You should be able to get a repair, replacement or refund if:

- products or services don't do what they are meant to, or are defective
- products or services are different from their description, eg on packaging or in advertising
- products don't match the sample or model you were shown
- products or services are not reasonably fit for a particular purpose you told the seller about
- the retailer did not have the right to sell the product

• delivery is late or never arrives, or products are damaged in transit.

The Consumer Guarantees Act doesn't cover commercial products, real estate, or private sales, ex garage sales, school galas or buying second-hand from private sellers (not traders) on sites like TradeMe.

Private sales and second-hand goods

Shops are not legally required to give you a refund or replacement if you have just changed your mind.

Businesses should not say they don't give refunds, or put conditions to refunds, ex -set time frames. This could break the Fair Trading Act, by misleading you on your CGA rights.

If things go wrong

Speak to the retailer or supplier as soon as you discover a problem. Explain what the problem is and how you would like it to be resolved. If it's a fairly minor problem, the supplier can choose whether to have the goods repaired or replace them. If the problem is substantial, you can refuse a repair and request a replacement or a refund. You should take your proof of purchase with you, ex - your receipt or bank statement, or the contract for services.

How to complain

If you can't resolve your issue directly with the business, the Disputes Tribunal or District Court, you may get support at any point from Citizens Advice Bureau (CAB) – our advice is free, non-judgmental and confidential.

Get involved and volunteer for Citizens Advice Bureau
Te Pou Whakawhirinaki
Ehara taku toa i te toa takitahi, engari he toa takitini -
My strength is not the strength of one, it is the strength of many.
We provide all our volunteers with the training, tools and ongoing support necessary to provide our service
You will find the work interesting, stimulating and fun
With your help our community will flourish
Want to make a difference to people's lives?
Our service of information, advice and support are delivered by over 2600 volunteers throughout the country
“Citizens Advice Bureau needs YOU”

Visit us at 65A Main Street Otaki next to the Swing Park or phone us on 3648664

Citizens
Advice
Bureau



Te Pou Whakawhirinaki o Ōtaki

Our advice is free and confidential. We have the information to help you with your problems, or can point you in the right direction.

CALL, EMAIL OR SEE US

Monday to Friday 9am - 3pm

65a Main Street, Ōtaki Village

TEL 06 364 8664 OR 0800 367 222

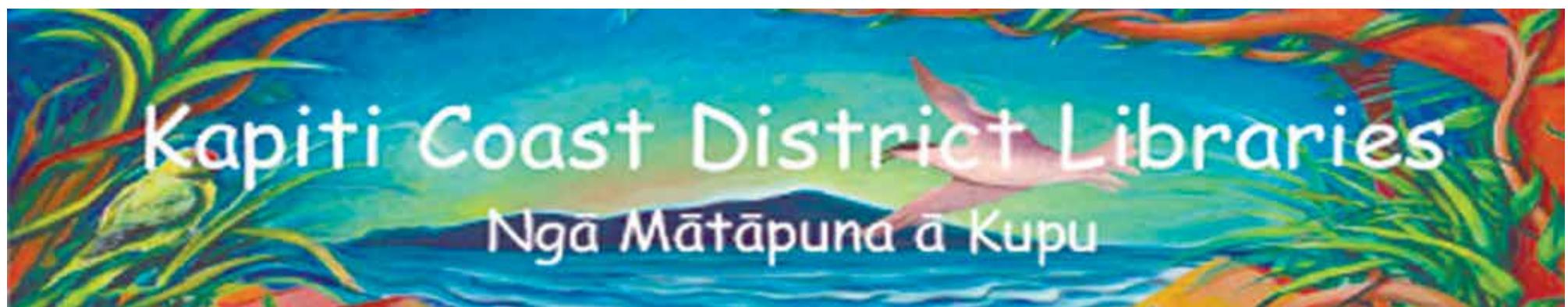
EMAIL otaki@cab.org.nz

We are next to the swing park by the Memorial Hall

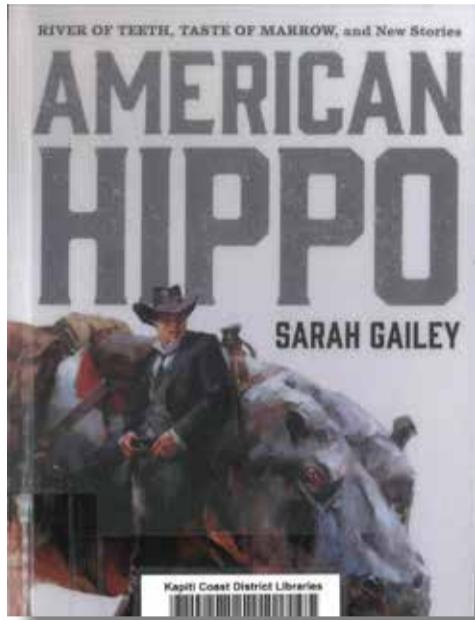
WEB www.cab.org.nz

- Legal & Employment Issues
- Benefit Entitlements
- Budget services
- Housing & tenancy issues
- Neighborhood & other issues
- Health, Human Rights
- Personal Problems
- Transport issues
- Consumer Rights

Free 20-minute Solicitor's Appointment
Foodbank donations — drop in
Rooms available for hire at reasonable rates

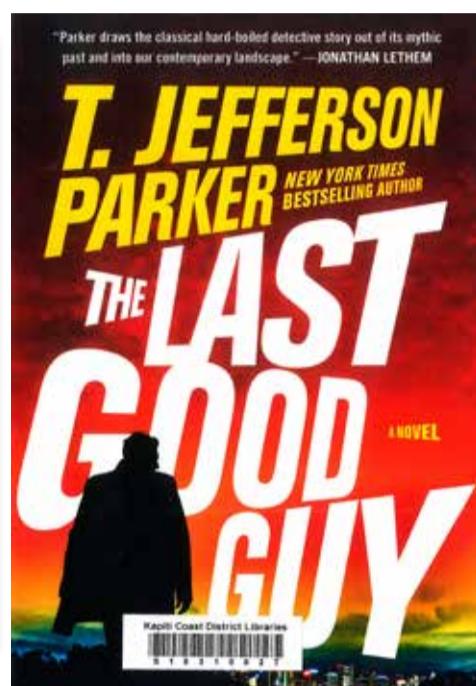


Kia ora from the Ōtaki Public Library – *Te Wharepukapuka o Ōtaki*



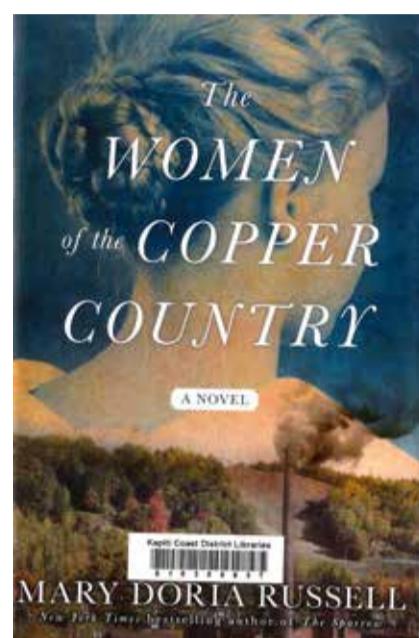
American Hippo
by Sarah Gailey

In 2017 Sarah Gailey made her debut with *River of Teeth* and *Taste of Marrow*, two action-packed novellas that introduced readers to an alternate America in which hippos rule the colossal swamp that was once the Mississippi River. Now both novellas are published along with some new material as *American Hippo*. Years ago, in an America that never was, the United States government introduced herds of hippos to the marshlands of Louisiana to be bred and slaughtered as an alternative meat source. This plan failed to take into account some key facts about hippos: they are savage, they are fast, and their jaws can snap a man in two. By the 1890s, the vast bayou that was once America's greatest waterway belongs to feral hippos, and Winslow Houndstooth has been contracted to take it back. To do so, he will gather a crew of the damnedest cons, outlaws, and assassins ever to ride a hippo. *American Hippo* is the story of their fortunes, their failures, and Houndstooth's revenge.



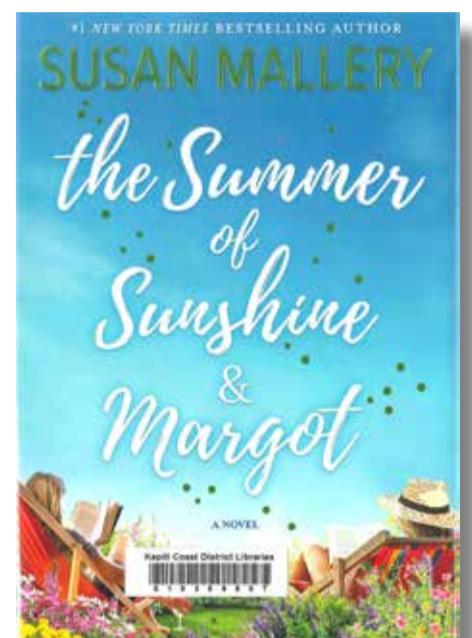
The Last Good Guy
by T. Jefferson Parker

Private Investigator Roland Ford hunts for a missing teenager and uncovers a dark conspiracy in his most personal case yet. When hired by a beautiful and enigmatic woman to find her missing younger sister, private investigator Roland Ford immediately senses that the case is not what it seems. He is soon swept up in a web of lies and secrets as he searches for the teenager, and even his new client cannot be trusted. His investigation leads him to a secretive charter school, skinhead thugs, a cadre of American Nazis hidden in a desert compound, an arch-conservative celebrity evangelist and, finally, to the girl herself. *The Last Good Guy* is Ford's most challenging case to date, one that will leave him questioning everything he thought he knew about decency, honesty, and the battle between good and evil...if it doesn't kill him first.



The Women of the Copper Country
by Mary Doria Russell

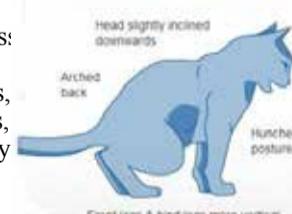
In July 1913, twenty-five-year-old Annie Clements had seen enough of the world to know that it was unfair. She's spent her whole life in the copper-mining town of Calumet, Michigan where men risked their lives for meagre salaries and had barely enough to put food on the table and clothes on their backs. The women labour in the houses of the elite, and send their husbands and sons deep underground each day, dreading the fateful call of the company man telling them their loved ones are not coming home. When Annie decides to stand up for herself and the entire town of Calumet, nearly everyone believes she may have taken on more than she can handle. In Annie's hands lie the miners' fortunes and their health, her husband's wrath over her growing independence, and her own reputation as she faces the threat of prison and discovers a forbidden love. On her fierce quest for justice, Annie will discover just how much she is willing to sacrifice.



The Summer of Sunshine and Margot
by Susan Mallery

The Baxter sisters come from a long line of women with disastrous luck in love. But this summer, Sunshine and Margot will turn disasters into destiny... As an etiquette coach, Margot teaches her clients to fit in. But she's never faced a client like Bianca, an ageing movie star who gained fame—and notoriety—through a campaign of shock and awe. Schooling Bianca on the fine art of behaving like a proper diplomat's wife requires intensive lessons, forcing Margot to move into the monastery turned mansion owned by the actress's intensely private son. Like his incredible home, Alec's stony exterior hides secret depths Margot would love to explore. But will he trust her enough to let her in? Sunshine has always been the good-time sister, abandoning jobs to chase after guys who used her, then threw her away. No more. She refuses to be "that girl" again. This time, she'll finish college, dedicate herself to her job as a nanny, and she will not screw up her life again by falling for the wrong guy - especially not the tempting single dad who also happens to be her boss.

How can you tell if your cat has
a urinary disorder?



- Head slightly inclined downwards
- Arched back
- Hunched posture
- Front legs & hind legs more vertical
- Peeing in the house
- Difficulty urinating
- Blood in the urine
- Crying whilst peeing

If you get a bladder infection urine trouble

Urinary tract issues are one of the most common problems we see at our clinic. Good enough reason to write a little bit about them.

Both dogs and cats can be affected, although we tend to see more cats that come in with symptoms.

Signs of something not being quite right are, as you probably expect, urinating more frequently, going little and often, sometimes seeming in pain when urinating, straining to urinate with little or nothing coming out, blood in urine, sitting down and start licking the genitals like crazy after trips to the toilet.

The most likely reasons for any of such signs are bladder inflammation and bladder infections.

These can be caused by a variety of things, but stress, altered urine ph through unsuitable food and bacterial or viral infections are

amongst the most likely causes.

If your pet displays any of the above symptoms your first reaction should be to make an appointment with your vet. If your pet is a male cat this should be without any delay, as it could be a potentially life-threatening blocked bladder.

Bringing a urine sample with you to your vet appointment can be very helpful. Make sure it is reasonably fresh (same day)sample and you use a clean container to put the urine in. You can use an old, clean plastic food container or pick up a sterile pottle from your vet. They can also supply you with special cat litter to help you gather the not so easy to get cat urine.

At your appointment the vet will examine your pet, probably examine a urine sample and maybe decide on performing an ultrasound or taking x-rays of the bladder region.

Depending on the diagnosis there are different ways of treating the conditions. These range from changing the food to stress reducing or crystal dissolving prescription diets to anti-inflammatory drugs, antibiotics, stress reducing tablets or pheromone sprays, sedating and catheterising or even surgically removing bladder stones.



Ōtaki Vets
269 Mill Road
364 6941 364 7089
contact@otakivets.co.nz
www.otakivets.com
Come and meet our friendly team

Handy folk to know

Health	
Womens Health	364 6367
AA	0800 229 6757
Arthritis	364 6883
Ambulance Shuttle	368 6369
Cancer Support	06 367 8065
Stroke	364 5213
Plunket	364 7261
Helplines	
Mental Health Crisis	0800 653 357
Depression helpline	0800 111 757
Healthline	0800 611 116
Lifeline	0800 543 354
Samaritans	0800 727 666
Victim Support	0800 842 846
Youthline	0800 376 633
Alcohol Drug Helpline	0800 787 797
Community	
Citizens Advice	364 8664
Budgeting	364 6579
Foodbank	364 0051
Menzshed	364 8303
Community Club	364 8754
Timebank	362 6313
Birthright	364 5558
Cobwebs	021 160 2710
Community Patrol	027 230 8836
Amicus	364 6464
Pottery	364 8053
Mainly Music	364 7099
Genealogy	364 7263
Bridge	364 7771
Museum	364 6886
Historical	364 6543
Let's Sing	364 8731
Ōtaki Players	364 6491
RSA	364 6221
Rotary	06 927 9010
Lions	364 8871
Environment	
FOTOR	364 8918
Transition Towns	364 5573
Waitohu Stream Care	364 0641
Energise Ōtaki	364 6140
Older People	
Age Concern	0800 243 266
Kids	
Scouting	364 8949
Toy Library	364 3411
Marriage celebrants	
Colleen Logue	027 688 6098
Penny Gaylor	027 664 8869
Roofer	
Ryan Roofing	027 243 6451
Taxi	
Ōtaki Shuttles	364 6001
Vets	
Ōtaki Animal Health	364 7089
Windows	
Window & Door Repairs	364 8886
Auto	
Central Auto Services	368 2037
Otaki Collision Repairs	364 7495
SRS Auto Engineering	364 3322
Builders	
Dean Hoddle	364 3322mput
Concrete Work	
Bevan Concrete	0800 427522
Rarmac Contractors	0274 443 041
Koastal Kerb	027 554 0003
Estate Agents	
First National	364 8350
Harcourts	364 5284
Professionals	364 7720
Tall Poppies	0274 792 772
Property Brokers	06 920 2001
Funeral Directors	
Harvey Bowler	368 2954
I.C. Mark Ltd	368 8108
Kapiti Coast Funeral	04 298 5168
Waikanae Funeral	04 293 6844
Garden services	
GeesGarden services	04 3393 880
Insurance	
Inpro	364 6123
Nurseries	
100&1	364 7084
Talisman	364 5893
Te Horo Garden Centre	364 2142
Watsons Garden Centre	364 8758
Kapiti Coast District Council	
General Inquiries	364 9301
Toll Free	0800 486 486
Ōtaki Library	364 9317
Ōtaki Swimming Pool	64 5542
Lawyer	
Susie Mills Law	364 7190
Locksmith	
Ōtaki Locksmith	021 073 5955
Mowers	
Mower & Engineering	364 5411
Plumbing	
About Plumbing	364 5586
Henderson Plumbing	364 5252
Ryan Plumbing & Gas	027 243 6451
Rest Homes	
Ocean View	364 7399
Enliven	0508 365483
Computers	
TechMan	022 315 7018
Sports Clubs	
To come, (when you let us know!)	
Storage	
Otaki Secure Storage	0800 364 632

OTAKI COLLISION REPAIRS
Colling & Gray

Your trusted local crash repair specialist using the latest up-to-date equipment and technology



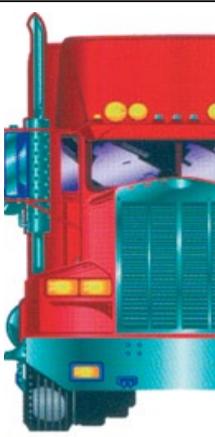
- PPG Water Borne Paint System
- (Environmentally Friendly)
- Spray Booth
- 3D Measuring System
- Chassis Straightening Machine
- Inverter Spot Welder
- Crash Repairs
- Rust Repairs
- Plastic Welding
- Free Courtesy Cars
- All Insurance/Broker Work

It's your vehicle, you can tell your insurer who you want to use – Keep it local, call us today

Simon Taylor: Owner/Manager
3 Arthur St, Ōtaki Ph 06 36 47495
otakier@gmail.com www.otakicollisionrepairs.co.nz

CENTRAL AUTOMOTIVE SERVICES

MAIN ROAD SOUTH, LEVIN
K.S. McFadyen & I.J. Buckley Ltd
FULL DIESEL REPAIRS & MAINTENANCE
All C.O.F Work
Transport & General Engineering
Tel: 06/368 2037 or 06/368 1591 (24hrs)



Window & Door Repairs

I fix all Doors, Windows & Conservatories



SAVE \$\$\$

WINDOWSEAL

Call Mike Watson Free 0800 620 720 or Otaki 364 8886

Find me at: www.windowseal.co.nz Or like at: facebook.com/windowseal

birthright
nurtured - resilient - inspired children & families

BIRTHRIGHT OP SHOP
23 Matene Street, Ōtaki
Monday – Friday 10am – 4pm
Saturday 10am – 1pm

Good/Used clothing for sale	
Baby clothing \$1	Adult shoes \$3 - \$5
Children's clothing \$2	Lots of bric-a-brac from \$1
Adult clothing \$4 (or as priced)	Assortment of antiques for sale

We are always looking for volunteers to help in our shop – please see the Shop Manager for an application form.

Cobwebs Op-Shop

Main Street
Tuesday – Friday 10 – 4pm
Saturday 10 – 1pm

Please share your giveaways with us. Every dollar goes back into the Ōtaki Community

BEVAN CONCRETE PLACING LTD
Concrete Contractors

- Concrete Placing • Floors • Paths
- Driveways • Exposed Aggregates

Ph. 0274 466 592 or 0800 427 522 bevanconcrete@xtra.co.nz

QUALITY ASSURED

Otaki Shuttle Service
06 364 6001

Seven Day a week service
evening jobs need to be booked

Set Tarriff charges of \$10 + \$5 per passenger between Ōtaki beach & plateau

- Further afield trips negotiable
- Airport & bus connections

EFTPOS available in vehicle



Make a booking online at www.otakishuttle.co.nz

Ōtaki Churches welcome you

ANGLICAN

Ōtaki 9.30am 47 Te Rauparaha St
1st and 3rd Sundays Eucharist

Te Horo St Margarets School Rd
2nd and 4th Sundays Eucharist 9.30am

Manakau St Andrews
1st Sunday, Cafe Church, 9.30am
2nd & 4th Sundays, Eucharist 9am

Ōtaki Rangiatea Church Services
37 Te Rauparaha St
Sunday Eucharist: 9am
Church viewing hours, school terms:
Mon-Fri 9.30am-1.30pm
tel office: 364 6838
email: rangiatea.church@xtra.co.nz

Shannon Turongo Church, Pouto Marae
Shannon/Foxton Highway
3rd Sunday 11.30am

Levin Ngatokowaru Marae
Hokio Beach Road
4th Sunday 11am

CATHOLIC

Ōtaki St Mary's "Pukekaraka"
4 Convent Road
Weekend Mass Sunday 10am
Weekday Mass Tues 9.30 Wed 9.00
Liturgy with Communion:
Monday, Friday 9.00 Thursday 9.30

Kuku St Stephens, 9am first Sunday of the month



Acts Churches The HUB
Tel: 364 6911
157 Tasman Rd, Ōtaki
10.15 am Family service
10.15 am Big Wednesday

Baptist
Tel: 364 8540
Cnr Te Manauo Road/SH1
10am service

Presbyterian
Rev. Peter L. Jackson
Tel: 364 6346
249 Mill Rd, Ōtaki
Worship: 11am
Cafe Church:
2nd Sunday 10.45am

Hartley Electrical Contracting Ltd

Otaki

General Electrical Contractors

For all your Electrical Requirements

Domestic**Commercial****Industrial****Farm**

Mobile: 021 418 751

After hours: 06 364 2070

Email: hartleyelect@gmail.com



WAIKANAE FUNERAL HOME

INCORPORATING WAIKANAE MEMORIALS
AND KAITAWA CREMATORIUM

celebrating the life of those we have loved

Covering the Kapiti Coast – Otaki, Waikanae,
Paraparaumu and Paekakariki.**04 293 6844**

(24 HOUR AVAILABILITY AND SERVICE)

17-21 Parata Street | PO Box 300 | Waikanae 5250
info@waikanaefuneralhome.co.nz | www.kapitifunerals.co.nz

I.C.MARK LTD

Locally owned and Operated by the Mark Family since 1973

FUNERAL DIRECTORS & STONE MASON



Otaki Office

**0800 426275 ~ (06) 368-8108**545 - 547 Queen Street East, Levin
197 Mill Road, Otaki
www.icmark.co.nz

ŌTAKI LOCKSMITH RANCHSLIDER & WINDOW REPAIRS

RANCHSLIDER: Wheels & Locks - **TRACKS REPAIRED****WINDOW:** Hinges replaced & new catches fitted**KEYS:** cut **LOCKS:** repaired or new locks fitted

Phone Sam Whitt NOW

021 073 5955*Specialised repair No Travel Charge*Phone: 0274 443 041
or 0274 401 738

Rasmac Contractors

- Earthmoving / Aggregate
- Drainage Site Works / Section Clearing
- Drive Ways Excavation / Tarseal / Hot Mix
- Top Soil / Farm Roads

Need help with your property?

- Inside or outside
- Residential or commercial
- Big jobs or small ones
- Guttering and spouting
- Your friendly local!



Call us for a free quote today.

Phone 021 040 6630

m.me/akeakepropertyservices.



Plumbing • Gasfitting

- Residential
- Commercial
- Solar Hot Water Systems
- Wetbacks
- Woodburners



Roofing

- New and re-roofing
- Longrun coloursteel
- P.V.C & Coloursteel Spouting
- Repairs and Maintenance
- Flashing Fabrication
- Sheetmetal Work

0272 436 451 06 362 6595*Manakau*For all Kerbing, Paving, Floors, Drives,
Paths and Concrete Work

FREE QUOTES

Phone Nathan Howell
027 554 0003

Kāpiti Coast Funeral Home

*there in times of need*

We provide a 24 hour service, we do have standard office hours but sometimes you need us immediately. Our four funeral directors are professionally qualified and live locally in this region, Graham is from Otaki. We have purpose built facilities, our own chapel, lounges and a crematorium, located at the cemetery. We will provide the funeral you want, we're not here to tell you what to do, We're here to help you with all details and make sure your loved one has a fitting farewell. In times of need we are here to help.



Our Own Kapiti Crematorium



Quality Vehicles



Our Main Chapel

9-11 HINEMOA ST PARAPARAUMU
www.kapiticoastfuneralhome.co.nz**04.298 5168**

Surf Club news

BY NIKKI LUNDIE

Spring has almost sprung and we are full steam ahead with our season readiness. Whilst we all keep fit off-season, our lifeguards are back in the pool getting flogged by our dedicated coaches Neal Ames and Napier McFedries. We're also getting up to date with all of our skills training. Just last week we had a whole bunch of lifeguards gain and refresh their Level 2 First Aid Skills. IRB Training will also see a number of new crew and drivers getting their qualifications ahead of season kick-off.

NEW Rookie Training Programme

In September we are starting up a new Rookie Training Programme. This is a chance for all Rookies (aged 12-14 years) to get into a programme that will see them make friends for life, learn cool skills and start their journey towards becoming a lifeguard, here in Ōtaki or anywhere else around the world. We are running this

programme because we want to see our young members commit to, and be ready for, the step from juniors into the Lifeguard ranks. This program is geared towards 12 – 14yr olds who can confidently swim two lengths of Ōtaki Pool freestyle without stopping and who are keen to work towards becoming volunteer lifeguards and developing water skills and confidence. Please contact Paul on 027 485 5397 for more info.

Calling all wannabe Surf Lifeguards

Are you 14 years old or over - want to get fit, make new friends, learn first aid, CPR, and gain these valuable skills all while giving back to your community? Ōtaki Surf Lifesaving Club's Lifeguard Training Program is starting in September. Please contact Kirsty on 021 102 0058 to find out more.

A big THANK YOU!

We'd like to acknowledge the incredible generosity of Phillip Sue, representing

the Ōtaki District Commercial Gardeners Trust, who recently presented us with a cheque for \$10,000 towards the purchase of equipment. We are a charity that is made up of volunteer Surf Lifeguards. Unlike other essential services, we receive no direct government funding, so support of this nature helps to keep our club alive.

Congratulations!

Congratulations to Paul Carlyon who this month at our AGM received a Life Membership Award after 25 years of service. Paul has given a crazy amount of time to both the Ōtaki SLSC and the surf lifesaving movement as a whole over the past 25 years. Paul has held nearly every position available within our committee, he has also been heavily involved in local committees and is now an elected member of the board of Surf Lifesaving New Zealand. Paul you really are "In it for Life".



Neal Ames presents Paul Carlyon with Life membership award

Ōtaki rugby league moving forward

BY WHARE AKUHATA

Whiti Te Rā are looking forward after their historical fourth consecutive title win. Last month they beat Wainuiomata Lions 28-20 at the Hutt Recreation Ground taking out the Wellington Rugby League premiership. Combining the three Manawatū championship titles won from 2013 to 2015 this gives the Ōtaki-based club a very enviable record of seven championships.

Co-chairperson Kelly-Anne Ngatai said this Sunday the club has its prize-giving for its six junior teams. Before Christmas the club plans to open its new clubrooms. Kelly-Anne says the interior is completely finished inside and other minor work will be carried out.

Over the last few years the on-field success is being replicated off the field with a strong administration. Kelly-Anne has been particular about having the right administration systems and processes in place so the front office runs well. This provides good support to its teams and members and can show accountability and transparency. Currently the club has eight

teams throughout the grades and one netball team.

Kelly-Anne says the success of the club is due to it being a kaupapa-based organisation.

"We try to uphold aspects such as manaakitanga and we are known for our hospitality through all the grades."

"Whanaungatanga and kotahitanga is evidenced by the number of great people and whānau working really hard together to move the club forward," says Kelly-Anne.

The mana-enhancing attitude was shown at the recent grand final where some people on the side lines caused a few issues. The Police were called and the game continued with their presence.

"Our members held their composure and maintained the mana of our club," Kelly-Anne says.

The club was started on some of these values. One its members, Hepa Potini wanted to ensure the club was built around positive aspects of whānau, hapū and iwi. Denise Hapeta a committee member during the early years to the mid



Spotting the gap and a step off the left is Manai Osborne.

90s says the club began around the same time as the emergence of Te Wānanga o Raukawa.

"The wānanga was a focal point of iwi development which over-flowed in to the Māori community including rugby league."

This meant Māori values such as manaakitanga, whanaungatanga and whakapapa were adopted by related community groups.

The Ōtaki Telegraph Hotel publican, Duane Watt, has sponsored the club for

eight years and would like to see those positive aspects of the club's success transferring up to regional level.

"Whiti Te Rā is a positive model for what league is all about. With their structure and discipline they are capable of strengthening rugby league in Wellington. Plus, with both the Manawatū and Taranaki competition virtually defunct there is scope to have a wider, stronger regional competition."

Football triumph

Ōtaki 13th grade soccer team played Island Bay in the Capital footballs 13th grade premier Bowl final at Petone. The competition has teams from all over the Wellington region and was a fitting way to finish a successful season. The Ōtaki team beat Porirua in the semi finals the week before, in a penalty shootout. The final again was a close game with no score at halftime. However Te Haumoana Cook scored 2 goals to put Ōtaki up by 2-0, but Island Bay replied with a long range goal. Island Bay put the pressure on, but Ōtaki's defence held on and Manaaki Simon was able to score from a breakout. This put the game out of Island Bays reach, Otaki winning 3-1.

Marilyn Stevens for Ōtaki Community Board

- Committed to continued work with the community
- Extensive experience with the Ōtaki Community Network, the Health and Advisory Committees, Rotary, chair of Interact which promotes social conscience in youth.
- Co-ordinator of the Lobby Group working with NZTA for an interchange at Peka Peka.
- Committed to a cleaner greener environment and will build on the activities of Energise Ōtaki and Ōtaki College.
- Absolutely committed to being an effective conduit between Ōtaki and te Horo residents and the Council



support@tech-man.co.nz www.tech-man.co.nz [022 315 7018](tel:0223157018)

Laptops & PCs
Anti-Virus
Digital Conversion
Home Theatre
Telephones
Medical Alarms

TECH SUPPORT FOR YOUR HOME

Tv & Video
Backups
Email
Streaming
Internet
PC Build
Hosting

TechMan
YOUR TECHNOLOGY HERO

GORGE
Gorge | Local Produce | Deli

ORGANIC FAIR TRADE PEOPLES COFFEE.
DAILY MENU. LOCAL SEASONAL PRODUCE.
SOUP. STEW. PIES. SALADS & SUBS.
FRESH BAKING EVERYDAY.

50 RIVERBANK RD. OTAKI. 5512.
MON-FRI 7AM-3:30PM. SAT 8AM-1PM.
LIKE US ON FACEBOOK GORGE.CAFE.NZ
LIVE MENU - WWW.GORGE.NZ